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EVE'S WEEKLY

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CERPTS

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PARALYSED BUT UNDAUNTED

BIRTHDAY
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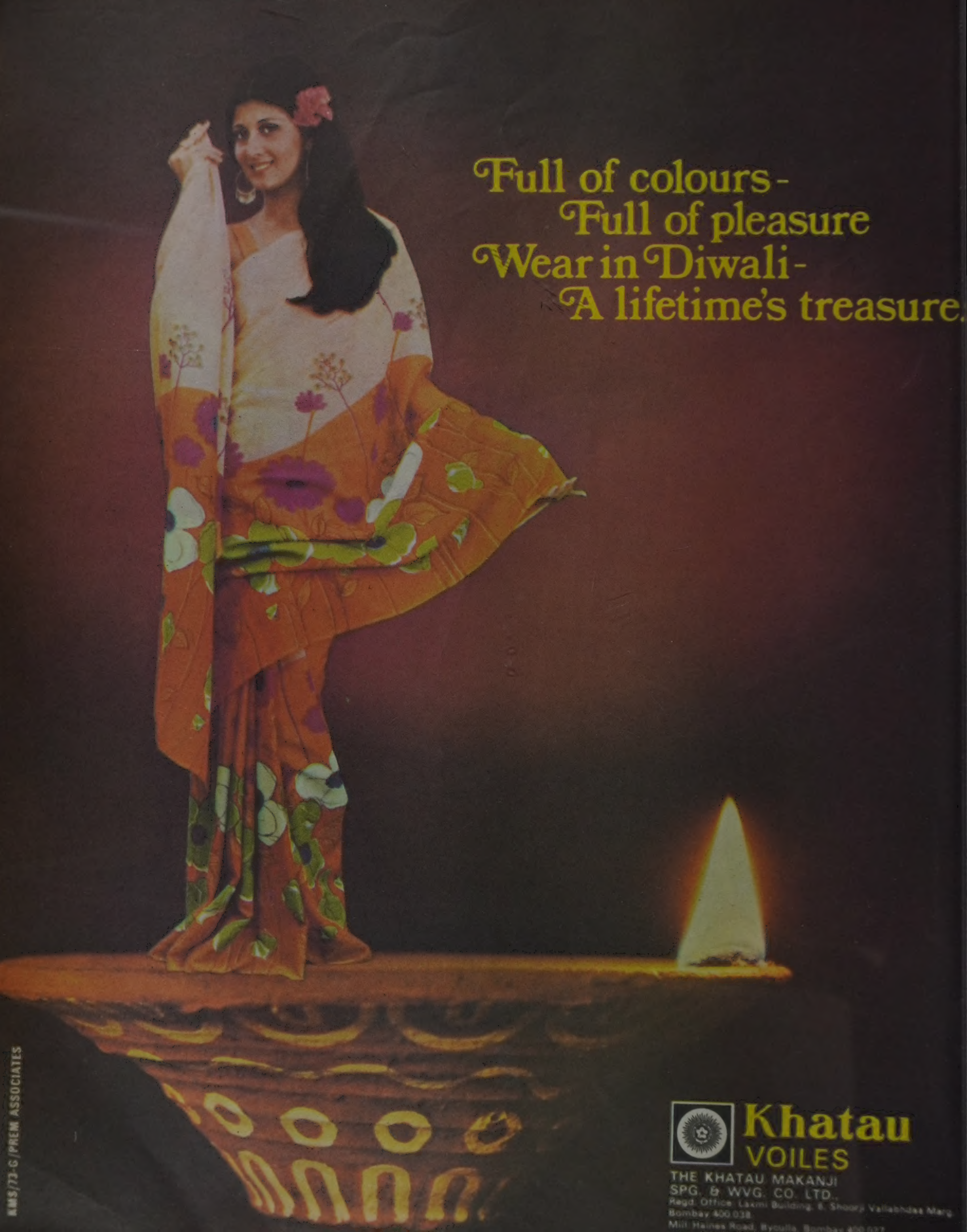
JUVENILE
COURTS
TO SAVE
YOUNG
SOULS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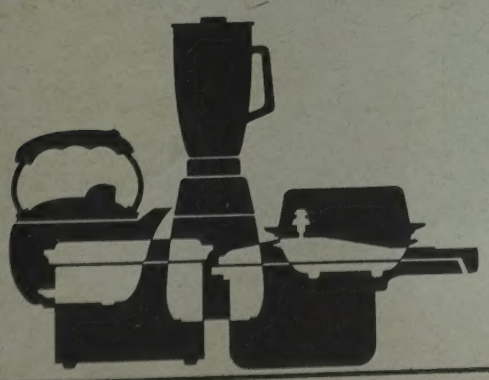

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EVE'S WEEKLY

VOL. XXXIII NO. 42, BOMBAY OCT. 20—26, 1979

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Photograph : Farokh Reporter

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PRINTED AND PUBLISHED FOR THE PROPRIETORS: EVE'S WEEKLY LTD., BY
J. C. JAIN
AT SANJ VARTAMAN PRESS, BOMBAY SAMACHAR MARG, FORT, BOMBAY 400 023.

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ANNUAL SUBSCRIPTION
Inland Rs. 85.
Foreign Rs. 127 (Sea Mail)

THIS WEEK

PARALYSED, BUT UNDAUNTED

She was a champion rider and an expert swimmer till an accident rendered her a paraplegic. How did Geeta Banker Bhardwaj cope with the trauma it must, at least initially, have been? A Human Interest Story.

Page 12.

HER BODY

Our second exclusive excerpt from "Her Gold and Her Body", a forthcoming book by Jamila Verghese.

Page 23.

PLUS

An interview with the author about her book.

Page 19.

BIRTHDAYS ARE GETTING EXPENSIVE!

Keeping up with the Joneses (or the Desais, if you will) is now affecting the way children's birthdays are being celebrated. And there's a high price to pay.

Page 29.

ALSO

Crochet a tank top for yourself — **Page 15** Poppets on Parade — **Page 51** Beauty Contest Forms — **Page 54** Report : Juvenile Courts — **Page 61** Film Interview : Randhir Kapoor — **Page 67** Woman in Focus : S. K. Satyavati — **Page 35** "The Intrusion" : Part II — **Page 39.**

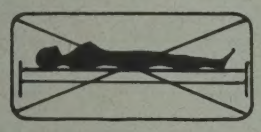
REGULAR FEATURES

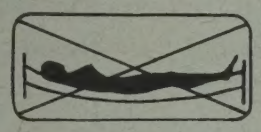
Your Page/**7**, Readers' Voice/**9**, What's New/**17**, That's a Laugh/**21**, Beauty/**35**, Comics/**37**, Fashion/**40**, Cookery/**45**, Heart to Heart/**65**, Women in Sport/**71**, Frankly Speaking/**75**, People & Events/**76**, Horoscope/**78**.

Are you getting the right kind of sleep?

Do you toss and turn all night or wake up in the morning with a backache?

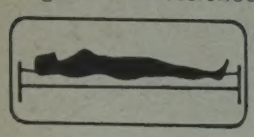
Scientific research has proved that in many cases, insomnia and back trouble like spondylitis, slipped disc and weak back are caused by sleeping on the wrong kind of bed. Any doctor (orthopaedic specialist) will tell you that too hard a surface – like the plain floor or wooden bed – could lead to stiff joints, muscle cricks. An old lumpy cotton mattress may cause muscle catches and bodyaches. On the other hand, too soft a mattress like the ordinary foam or rubber mattress, besides being too hot in summer, could lead to curvature of the spine because it does not give the firm support your vertebral column (backbone) needs. You may be inviting permanent back trouble.





The right kind of mattress:

A good mattress should give firm support to the back, at the same time taking the shape of the body as nature has made it. There should be no sagging, no bulging.



DREAM BED Mattress

Developed as a result of extensive research and modern techniques, DREAM BED Mattress has been specifically designed to give sound restful sleep.

• 17·8 cms. thick DREAM BED Mattress is made of special sturdy Coil Springs which are double-coned to provide stronger, longer lasting support. Unlike ordinary spring beds, DREAM BED Mattress springs are not tied into knots. They're 'grip locked' into position with stay-wires & clips so that they don't get separated and don't sag. Noiseless, smooth acting springs flex to fit body contours and movement, giving the right support and comfort to every part of your body – your hips, your shoulders, your knees as well as your back.

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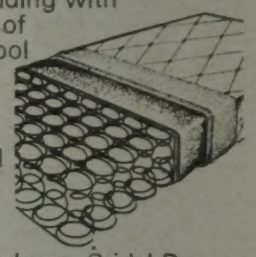

Available in 3 models – De Luxe, Bridal De Luxe, Supreme De Luxe; and as Single or Double Bed.

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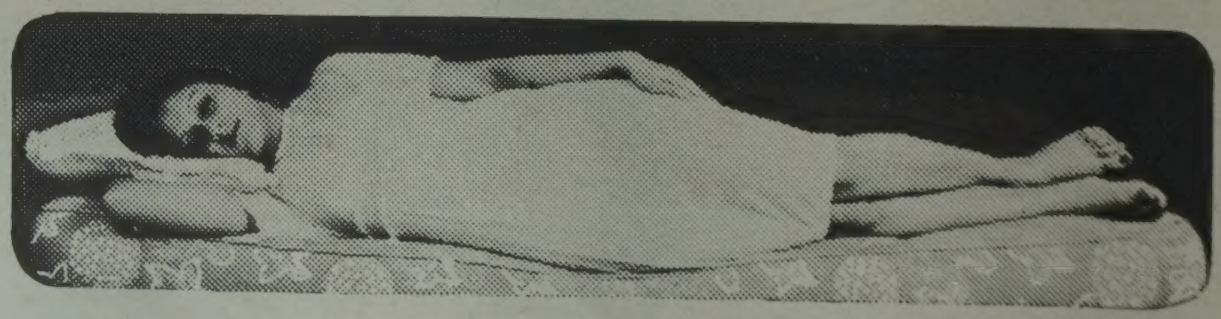

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YOUR PAGE

Do you have something to say?
Then say it here. We pay Rs. 25, 15 and 10 for the three best letters.

1st PRIZE

GIRLS, WATCH OUT!

Recently, a salesgirl in Madras was abducted from a bus stop at 8.30 p.m. by two autorickshaw drivers and not much imagination is required to guess as to what happened afterwards. The gruesome murders of a college girl in broad daylight on the main road in Bombay, and of the Chopra children in New Delhi are well known. Nowadays one comes across such news quite frequently, which is indicative of the fact that harassment and criminal assaults on women are on the increase. The present day set-up, too, favours this reprehensible trend since many a young working girl is forced to be out of her house, depending on the hours of work. Other contributory factors are the prevalent slackness in the law and order situation, the low morality and depravity of human character inculcated by exposure to sexy, violent films and, most important of all, women, by reason of their defencelessness, make easy targets for such assaults and the chances of the perpetrators getting away with it are greater.

As the institution of working women is not just a passing phase but has come to stay, this situation has to be tackled on an urgent basis. Apart from learning karate, which will not appeal to many girls, working girls should especially after dark, move in groups to and from their places of work, which will make them not so vulnerable, as when solitary. Lonely, dark roads with little or no human or vehicular traffic should be avoided, as these are ideally suited for nefarious activities. Of course, there will always be the un-expected, when one's own reflexes should stand in good stead.

E. DHAMAYANTHY DEVASUNDARAM, Madras

Actually, even that is not the answer. It may not always be possible to move in groups. Karate could be more useful — but only until the men "get wise". No, the answer lies deeper. Nothing will change until the men change their attitudes and realise that women are not for brutalising.

2nd PRIZE

BURNING, ANYWAY

Is it the old saw with a new edge? The recent news item that a young, barren woman was burnt to death by her in-laws, seems to be a re-working of the old story of brides being burnt for not bringing dowry. It would seem that it is a case of "Heads I win, tails you lose", in the grim war between Indian in-laws and their hapless, young daughters-in-law. Only in a country like India, can anyone get away with such cold-blooded and ruthless crimes What is even more chilling, is that legislation does not have curbed the [illegible]us sport of bride-[illegible] whether it is for not bringing a dowry, or not bearing a child. (Of course, in our country, the blame for being childless is laid squarely at the wife's doorstep — it never occurs to anyone that the husband may be at fault.) It is more than high time that these murderers and murderesses were brought to book, and made an example of.

INDU K. MALLAH, Tamil Nadu

We agree. The burning of young wives has turned the country into an inferno — in more ways than one. The murderers you talk of have infiltrated into every strata of society and they must be severely punished.

3rd PRIZE

A LACK OF FAITH?

We pretend to be very moral and look down upon what we describe as the permissive society of the West. Anyone can be "rendered innocent" if securely imprisoned within the four walls of tradition, social restraints and taboos. One's moral fibre is really tested only when one is exposed to trying situations. If we are so moral, why is it that our people, especially those living in the villages, are so anxious to dispose of their daughters in early marriages, often violating the legal age limit? Is it because they are afraid that their daughters might go astray unless handed over to the safe custody of their husbands? Every child marriage is a standing testimony to the parents' lack of confidence in their daughters. Then, are the Sita and Kannagi images mere myths, intended solely for foreign consumption?

Again, why is it we are so scared of allowing our boys and girls to mingle freely? Is it because we have such a low opinion of their moral fibre? All these things point to a sad truth: that behind our moral mask, there lurks a sense of insecurity, a lack of faith both in ourselves and in our own sons and daughters.

C. RAGHUNATHAN, Madras

So, then, there is no sin without temptation. But, what you are talking about is something else, again. Far too many parents distrust their children. And children react — and revolt — accordingly.

YOUNG ENTREPRENEURS

Today in India it's a seller's market, really. Economically speaking, a seller's market exists only under conditions of scarcity, but here it's a different story altogether. We have a seller's market in the sense that the entire trader-community have joined hands in their unscrupulous drive to dictate their own terms to the buyers. I cite an example to illustrate the point.

I wanted my cigarette-lighter to be re-filled and gave it to one of the umpteen "boys" (this one, a seeming primary-school drop-out now aged about 20) squatting on the pavements of Connaught Place. He demanded Rs. 3 for the job whereas the normal rate so far has been Re. 1, or at the most Rs. 1.50. I pointed out that this rate was exorbitant, particularly as with a gas can worth Rs. 5 (whose cost has not gone up in the recent past), he would fill at least 50 cigarette-lighters. He agreed that my logic was correct "but", asked he, "do you think I'm here to earn a 'salary' (he put contempt into the word) of Rs. 800-1000?" He proudly continued, "I (have to) make Rs. 4000-5000 a month, at least. Mind you, I pay Rs. 1000 a month (God alone knows to whom) for carrying on business in this place (area measuring no more than a couple of square yards)".

There — that's the logic; and the whole naked truth behind a trader charging Rs. 3 for a service which should justifiably cost no more than 30 paise.

With politicians (both in and out of the chair) busy in their rat-race for power, and bureaucrats busy trying to get used to the ways and policies of oft-changing or otherwise unstable governments, who's there to check the unscrupulous traders? Any wonder, then, that the latter choose to follow the dictum 'make hay while the sun shines'?

DALIP KUMAR, New Delhi

We really don't know whether to admire these young entrepreneurs for their resourcefulness or condemn them for their dishonesty. And who doesn't cheat? Industrialists, businessmen employers, employees, teachers, students, even beggars cheat in some way or the other. Why blame only the trading community?

Arora-Hasbro toys.

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Come. Let Blow Plast introduce you to the Arora-Hasbro range. Made in collaboration with Hasbro Industries Inc., U.S.A., the third-largest toy maker in the world.

Meet funny little Mr. Potato Head. He spreads a smile. And it's catching!

Watch out! Here's the Hot Foot Racer. Keep a kid near by. And zoooom. Kid and racer will soon be all over the room.

Look out for those Crazy Cars. Remember it takes a child to know the kind of speeds they go!

Whew! Heard the roar of the Scream'n Demons? Tearing around on their motor cycles as usual. Keep out of their way... please.

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Want to draw on talent? How about a Colouring Set or two for the children.

Are the kids game for excitement? Let them take their pick. There's Ludo, Chinese Checkers, Snakes and Ladders, Draughts... etcetera, etcetera, etcetera.

There's more to the Arora-Hasbro range. Heaps more. But space is limited... even if our range is not!

P.S. If the kids have just got to see the whole range right away, here's an idea. Rush them to the nearest Arora-Hasbro dealer. He's not so far away!

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READERS' VOICE

Most articles raise a question, a comment or at least a criticism. Write them down and mail them to us!

DOMESTIC HELP

Your article on the treatment of domestic servants by Deepa Aurora (September 15) was a real eye-opener. Though domestic servants are indispensable to most Indian housewives, we do not refrain from abusing, scolding or accusing them for small things. All of us know that it is a great strain on us if the domestic help is absent even for a single day. Then why can't we treat them properly, and with respect? They often have to keep quiet even in the face of unjust accusations or scoldings, because they have no other alternative — they have to earn their living. It is high time we realised their plight and treated them with respect, as one human being to another.

ANJANA MAITRA, Rourkela.

THE OTHER SIDE

The article, "Treatment of Domestic Servants", by Deepa Arora (September 15) presents only one side of the coin. No doubt servants lessen our burden, but Rs. 50 to Rs. 60 for a mere two hours a day (the rate in Bombay) is certainly not too small a wage! And while "the servant is not necessary a liar or a thief", one can't have absolute trust in them unless one has known them for a long time. The fatal consequences of such total trust misused by unscrupulous servants serve as grim reminders of the risk involved in the choice of servants. Servants slapping employers' children is as common an occurrence as pampered children teasing their servants. Wrapped up initially in a cloak of charming meekness and modesty, servants soon learn the tricks of the trade and begin exploiting their employers. They stay away from work on one pretext or the other — real, imaginary and/or religious. If the employer is away even for a full month, the unwritten laws of Bombay demand payment of wages to the servant for work not done. Gifts on a festival like Diwali are additional benefits which the employer has to grant. Domestic servants are no longer meek or submissive; they talk back and any extra work, even on extra remuneration basis, is done only subject to their whimsical moods and grudgingly in spite of the cool comfort of curtained rooms with fans on and, very often, a TV around. Domestic servants are neither angels nor devils and there are equal numbers of good employers as there are good servants.

KAMALA GOPALAN, Bombay.

READERS, PLEASE NOTE

We welcome your reactions to features that appear in Eve's Weekly. However, please keep in mind the following points:-

(i) Letters for the Readers' Voice section must be direct criticisms or appreciations of specific features in Eve's Weekly.

(ii) They must be marked "Readers' Voice" at the top.

(iii) Letters must be no more than 150 words long.

(iv) The heading of the article under discussion, the writer's name and the date of the issue in which the article appeared must all be mentioned in the letters. Your name and address must also be clearly written.

(v) Letters must reach us within two weeks of the date of publication of the feature — i.e. reactions to features in this issue (September 29, 1979) must reach us by October 12, 1979.

We look forward to hearing from you.

NEXT WEEK

ISSUE OF OCTOBER 27

ALL EYES ON MRS. G.

The question is in the air: will she be back? And equally important, will he be back? Can Indira Gandhi, the national leader, separate herself from Indira Gandhi, the mother? An exclusive interview with Mrs. Gandhi.

THE AUCTION THAT WASN'T

The proposed auction of 37 pieces from the former Nizam of Hyderabad's fabulous collection of jewellery hit the headlines recently. Then came the anti-climax: at the last minute, the Government did not allow the auction to take place. A report on the controversy.

HER GOLD AND HER BODY

The last of our exclusive excerpts from this forthcoming book by Jamila Verghese.

ALSO

Step By Step Cookery:

A peachy surprise!

Plus all our regular features.

What every mother has been looking for...

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The safe, effective lice remedy. Non-greasy. And pleasantly perfumed.

Cy-ban is highly-effective. Just rub it gently into the scalp at night. Comb out dead lice and nits in the morning. Shampoo your hair. And forget you ever had the problem!

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Cy-ban is pleasantly perfumed

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HUMAN INTEREST STORY

Facing a physical affliction with courage and making the best of life in spite of it is not the easiest thing in the world. True accounts of heroism in real life.

PARALYSED

GEETA BHARDWAJ

Today Geeta is a paraplegic. Paralysed completely below the chest. She was maimed in a diving accident five years ago, and now lives a wheel chair life. For a girl who was once so full of life, and who almost always used to be on her feet, this must be tragic indeed.

October 14, 1974 started out as just another day for Geeta Banker. They day was hot and sticky as October days are. What could be better than to cool off with a swim? And since she usually frequented the United Services Club swimming pool at Colaba, which had luxurious natural sea water filtering into it, wouldn't a swim there be ideal? She managed to round up a few of her friends and persuaded her sister to accompany her.

Geeta skipped and bantered her way towards the pool. And when hilarious laughter floated around, the U.S. Club frequenters knew Geeta and her friends had arrived. They looked on indulgently, not suspecting that it would be the last time they would see Geeta on her feet.

At the pool, Geeta changed into her swim-suit and ran up to the dive-board for her ritual dive. Her friends enjoyed watching Geeta dive. She was a champion diver and they saw her raise her arms and make a graceful dive. Geeta plunged twenty feet into the water below. That was her last dive. Unknown to her friends and sister, Geeta had struck her head with tremendous force on to the pool floor instead of being able to glide away as usual. In a trice Geeta realised that the tide must have been low. She struggled to rise up, but found she couldn't even move.

Her sister and friends meanwhile waited for Geeta to surface. She seemed to be taking an unusually long time, they thought. They waited some more and then they were alarmed. Geeta must have got cramps. Help was called for, and a friend who went in to aid Geeta found her lying limp in the water. He lost no time getting her out. They tried to make her sit up, but Geeta, who was barely conscious, could not even do that.

Her head rolled back alarmingly. An ambulance was summoned and Geeta was rushed to the Breach Candy Hospital. In the hospital she was given sedation and various tests began. It was found that she had dislocated her upper vertebrae and ruptured her spinal nerves. Her neck was broken and she had to undergo skull traction. The agonising traction was kept on for eight weeks. There were no dearth of visitors for Geeta at the hospital. Her friends and well wishers streamed in each day while Geeta lay hoping she would soon be up and about

What happens when a lovely girl on the threshold of an exciting future is dealt such a blow by cruel fate? What happens when she is faced with paraplegia almost overnight?

She had been a girl who was always on the move, living it up, riding horses, swimming and modelling. She had a film career ahead of her, too, because she had made her mark in a cameo role in "Humjoli" as a vivacious mo-bike riding girl. She had become a cover girl too. It was no mean achievement to be offered a cover of the then popular youth magazine "J.S." Geeta had the satisfaction of seeing herself smiling from the cover of "J.S." at every magazine stand that sold the weekly. That was on May 15, 1971. In March the following year, Eve's Weekly featured her on their cover and Geeta had seemed to reach the zenith of popularity when she was proclaimed a champion horse rider in the gymkhanas. Trophies kept coming in for each riding event.

Geeta took her hospitalisation as enforced rest, although she had now begun to have blackouts and there seemed to be strange sensations in her legs. Eight weeks later they removed her skull traction and doctors broke the news gently to her parents. Geeta would never walk again. Her parents were stunned, and then the flood gates of grief opened. Her father could not help remembering the days when Geeta, who shared his love for horses, had competed with him on the race course. How she had jumped for joy when he had given Geeta her first very own horse on her birthday! Later, when Geeta was also told, it left her numb with shock. Then she refused to accept it. It couldn't be happening to her.

The next seven months, Geeta spent in her uncle's house in a surgical bed. Her un-

BUT UNDAUNTED

cle was a doctor, but he felt helpless whenever he looked at Geeta lying supine on her bed. More dead than alive. The day someone told him of a certain physiotherapist, Geeta's uncle saw a ray of hope. He lost no time in contacting Nandu Chabria, Chief Physiotherapist of Sir Harkisondas Hospital.

Mr. Chabria took over Geeta's case on the recommendation of her uncle. This is what Mr. Chabria says of his first encounter with Geeta:

"When I first saw Geeta, she was totally bed-ridden. I despaired of ever getting her back to normal, not becouse of her physical condition alone but because of her attitude. One could see that she had undergone an intense trauma."

He determined to draw her out of her mentally built cocoon first. On examination, her condition was diagnosed as "total loss of sensation and power with tremendous spasms below the thoracic forelevel. She sweated profusely and blacked out even with slight exertion. Dislocation of vertebrae has severely impaired her spinal nerves." Her attitude however seemed to be totally negative. Geeta was afraid to find out.

"Yes," says Geeta, "at first things looked bleak, but Nandu helped me a great deal with pep talks."

When Nandu began learning about Geeta s hobbies and sports activities, he realised that one thing might spur Geeta to a positive attitude — the promise that she would

ride again. Although that wasn't strictly true, he did promise that she would sit on a horse. For Geeta, lying prone the whole day long, it was like glimpsing an oasis in a desert. The heartening thought that she would once again see her beloved horses had an amazing impact on her. And according to her physiotherapist, "Once she accepted her treatment, there was an instant change in Geeta. Her blackouts disappeared and her physiology adjusted. And slowly she began accepting her wheel chair."

Every time Geeta reverted to depressing thoughts, "I used the horse around shamelessly," says Nandu Chabria, smiling at the thought. Meanwhile, her parents stoically accepted the tragedy, and although their grief never left them, for Geeta's sake they bantered and smiled in the face of odds.

The day I went to Eden Hall, Worli, to meet Geeta, the door was opened by a gentle and dignified lady, and once inside, I was greeted by a tornado of dogs and a scampering little girl. There was general confusion for a while. In the ensuing calm, I saw that the little girl was only a toddler of two and a half years and that there were only two dogs, small, hairy and black. The child was Geeta's daughter and the lady, Geeta s mother.

From an inner room came Geeta, manoeuvering her wheel chair expertly. She looked radiant. "Hi," she greeted. She followed my glance to the showcase which was full of trophies. "My riding trophies," she said proudly. Then she brought out her album with riding pictures. "Horses are my first love," Geeta laughed and looked at her daughter, "then Cheekoo of course," she said hugging little Natasha.

"The thought that I would be able to sit on a horse again, definitely helped." There was a chain reaction of success. Geeta's rehabilitation took eight months of regular therapy and four months of phased out therapy. Nandu gave her no false hopes. His dictum: "Nature is a great healer when guided by science."

Geeta's mother put in a word here. "It was in the hospital that we realised that the world is full of good people, we had so many well-wishers, and everyone offered to help out in any way they could."

Later, a stage arrived when Geeta could even stand on crutches. The first thing that Geeta did on recovery was to go to the race course stables and speak to each horse. She fondled and kissed all her favourites. Then for the first time after her tragic accident she sat on horse back, held the reins in her hands, supported from behind by a jockey. She rode for a while. This poignant scene in Geeta's life was witnessed by her family, friends and Mr. Nandu Chabria, who considered it the moment of his triumph. There were tears in every eye that watched Geeta ride that day. It was almost two years after that ill fated evening that had changed her life.

Slowly Geeta began improving her social life. She began accepting invitations to parties, which her friends were eager to hold for her sake. She regained her zest for life once again. One of her many male admirers had this to say about her:

"It was three years after Geeta's accident. I had not seen her at all during that time as I was not in Bombay. When I went to see her, I was cautious. I had expected to see a dejected Geeta, but imagine my surprise when she very chirpily said, 'Hi, you so and so, where have you been?' Geeta was still the same."

Once, at a party, a young man stood watching Geeta in her wheel chair. She laughed, talked and sang with abandon. It was this vivacity in Geeta that drew Yash Bhardwaj to her. That was how Geeta met her husband. Together they surmounted all obstacles and upon Nandu fell the privilege of blessing their marriage. Yash and Geeta were married in 1976. And exactly a year later they were blessed with a cute baby girl.

The birth of Natasha was not really difficult, but there were hurdles. When Geeta was three months pregnant, she had jaundice. This had alarmed Geeta's mother greatly, but when the time came, Dr. (Mrs.) Padma Mehta, Geeta's obstetrician, said, "Hers was an unique case for me. I did not administer any anaesthesia to Geeta because her voluntary muscles were dead. She did not feel the caesarian operation. What was even more amazing was that in spite of heavy medication, Geeta's baby was absolutely normal."

Geeta was beside herself with joy, so much so, she asked, "When can I have another baby?"

Now Natasha has begun going to school and Geeta has time on her hands, although she occupies her evenings going to the racecourse stables and training horses in the way she can. She would still like a regular job, like producing programmes for television.

Geeta's story stands out as an instance of the ultimate triumph of an indomitable will. Her courage and cheerfulness in the face of adversity should make an excellent example to other paraplegics. Geeta may never walk again, but that is not the end of her world.

Irene Pereira

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TIPPED FOR THE TOP!

A super tank top in a lovely pattern, in unusual colour combinations

MATERIALS:

Raymond's Knitting yarn 'Cashmilon' 4 ply: 4 balls White, 3 balls each Beige 222, Blue 315, 1 ball Red 250, 2 balls Black (25 grams each). Crochet hook no. 14.

MEASUREMENTS:

Bust 81.5 cms., length 59 cms.

ABBREVIATIONS:

ch. = chain; tr. = treble; dc. = double crochet; sts. = stitches; W. = white; B. = Blue; h.tr. = half treble; s.s. = slip stitch; rep. = repeat; beg. = beginning; inc. = increase; dec. = decrease.

FRONT:

Instructions: Commence at left side seam. With Blue yarn work a row of 178 ch., turn.

1st row: 1 tr. in 4th ch. from hook, 1 tr. in each ch. till end, join White yarn, 2 ch., turn (176 sts.).

2nd row: 1 tr. in each st. till end, join Black yarn, 2 ch., turn.

3rd row: In Black, 1 tr. in each st. to end, fasten off Black yarn. Now work Blue and White pattern in tr. as follows:

4th row: Right side of work (starting at shoulder), 6 tr. W. (including turning ch.), * 6 tr. B., (2 tr. W., 6 tr. B.) twice, 22 tr. W., rep. from * twice more, 6 tr. B. (2 tr. W., 6 tr. B.) twice, 16 tr. W., 2 ch., turn.

5th row: 18 tr. W., * 6 tr. B., 2 tr. W., 2 tr., B., 2 tr. W., 6 tr. B., 26 tr. W., rep. from * twice more, 6 tr. B., 2 tr., W., 2 tr. B., 2 tr. W., 6 tr. B., 8 tr., W., 2 ch., turn.

6th row: 2 tr. W., * 14 tr. B., 2 tr. W., 14 tr. B., 14 tr. W., rep. from * twice more, 14 tr. B., 2 tr. W., 14 tr. B., 12 tr. W., 2 ch., turn.

7th row: * (2 tr. W., 2 tr. B.) 3 times, 4 tr. W., 22 tr. B., 4 tr. W., 2 tr. B., rep. from * 3 times more, take up White yarn, 2 ch., turn.

Continue to work in tr.

8th row: 10 W., * 14 B., 14 W., 2 B., 14 W., rep. from * twice more, 14 B., 14 W., 2 B., 4 W., 2 ch., turn.

9th row: As 7th row.

10th row: As 6th row.

11th row: As 5th row.

12th row: As 4th row.

13th row: In Blue work in tr. to end of row.

14th row: In W., work in tr., to end of row.

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TIPPED FOR THE TOP!

15th row: In Black work in tr. to end of row.

16th row: In W., work in tr. to end of row.

17th row: In Red, work in tr. to end of row.

18th row: Work in Beige and Red pattern starting at shoulder, 16 Beige, 2 Red, (22 Beige, 2 Red) 6 times, 14 Beige, 2 ch., turn.

19th row: * 12 Beige, 2 Red, 4 Beige, 6 Red, rep. from * to last 8 sts., 8 Beige.

20th row: 6 Beige, * 2 Red, 6 Beige, 2 Red, 2 Beige, 2 Red, 10 Beige, rep. from * to last 2 sts., 2 Red.

21st row: 2 Beige, 2 Red, 8 Beige, * (2 Red, 2 Beige) twice, 2 Red, 4 Beige, 2 Red, 8 Beige. rep. from * ending with 4 Beige instead of 8 Beige, 2 ch., turn.

22nd row: 4 Beige, * 2 Red., 4 Beige, 4 Red, 4 Beige, 2 Red, 8 Beige, rep. from * to last 4 sts., 2 Red, 2 Beige, pick up Red yarn, 2 ch., turn.

23rd row: Shape Neck. 2 Red (including ch.) * 12 Beige, 2 Red, 8 Beige, 2 Red, rep. from * 5 times more, 12 Beige, 2 Red, 2 Beige tr., 1 Beige h.tr., 1 Beige dc., 1 ch., turn.

24th row: In Beige, s.s. over dc. and h.tr., 1 dc. In each of next 2 Beige tr., 1 tr. in each of next 2 tr. Red, 14 tr. Beige, * 8 tr. Red, 16 tr. Beige, rep. from * till end, 2 ch., turn.

25th row: In Beige, work in tr. to last 2 tr., fasten off Beige yarn.

26th row: Leave 2 tr. from neck edge and join Black yarn to next tr., 2 ch., work in tr. to end of row.

Fasten off Black yarn. Join W. yarn, 2 ch., turn.

27th row: In W. work in tr. to last 2 tr., fasten off.

28th row: Miss 1 tr. at neck edge, join Red yarn to next tr., work in tr. to end of row, join W. yarn, 2 ch., turn.

29th row: In W., miss one st. at neck edge and work in tr. to end, fasten off W. yarn.

30th row: Join Black yarn, dec. 1 st. at neck edge and work in tr. to end fasten off Black yarn. Join W. yarn.

31st row: In W., dec. 1 st. at neck edge and work in tr. to end, turn.

32nd row: Miss 1 st., 21 W. * (6 B., 2 W.) twice, 6 B., 22 W., rep. from * ending with (6 B., 2 W.) twice, 6 B., 16 W., 2 ch., turn.

33rd row: Work as 5th row, dec. 1 st. at neck edge. (There will be 21 W. tr. at the end) 2 ch., turn.

34th row: 15 tr. W. work from * in 6th row, ending with 12 tr. White, 2 ch., turn.

35th row: Work as 7th row, end with (2 W., 2 B.) 3 times, fasten off. Divide for front opening.

36th row: Miss 34 sts. from neck edge, then join yarn and work next row, keeping pattern correct, following pattern of 8th row till end.

37th row: As 35th row then inc. equal no. of ch. to replace the missed 34 sts. of 36th row, turn and work.

38th row: As 34th row, matching pattern. Now work from 33rd row to 1st row, inc. at neck edge to correspond with the dec. of the other side.

Back:

Commence at right side seam.

With Blue yarn work a row of 178 ch., turn.

Work in rows of tr. throughout as follows:

1st row: As 1st row of front.
2nd row: W.
3rd row: Black.
4th to 6th rows: W.
7th to 9th rows: B.
10th to 12th rows: W.
13th row: B.
14th row: W.
15th row: Black.
16th row: W.

17th to 25th rows: Beige. dec. 1 st. at neck edge in 23rd and 25th rows.

26th row: Black.
27th row: W.
28th row: Red.
29th row: W.
30th row: Black.
31st to 34th rows: W.
Next 3 rows: B.

Now work from 34th row to first row, inc. 1 st. at neck edge in 1st and 3rd Beige rows.

To Make Up:

Join shoulder seams. Join side seams leaving 28 cms. from shoulder, for armhole, and about 20 cms. from lower edge.

With Blue yarn work a row of dc. round neck edge and along front opening.

With Beige yarn work 4 rows of dc. at lower edge of back and front.

Cord: (2 pieces). Cut out 6 lengths of B. yarn each measuring 30 cms. and plait to form a cord. Stitch one end of each cord to top of front opening.

Arnavaz Dhondy

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meet JAMILA VERGHESE

Urvashi Butalia

Jamila Verghese, a petite, delicate looking lady, greeted me warmly when I arrived early on a Monday morning to interview her. Dressed in a red lehanga and kurta (made out of a tablecloth, she told me) Jamila spoke unselfconsciously about her book on dowry ("Her Gold and Her Body") which is soon to be published by Vikas Publishing House. Jamila, who is a freelance writer, and a keen gardener — her house might almost be in the country, surrounded, as it is, by trees and plants and flowers which she tends to at the crack of dawn every day — has never written a book before. As we talked over a cup of coffee, she advised me, "Don't write a book — you don't know how much work it means. I didn't think mine would take me so long. . ." How did she come to write this book, I asked her

"Actually, the idea was not my own. I was commissioned to write the book by Vikas, the publisher. This was in 1956. It was quite funny actually. When they asked me how long it would take to complete the book, I very cheerfully said "three months."

Q. Three months? And how much time did it actually take you?

A. Three years finally. You see, I hadn't thought of it as a book. I've never written a book before, that's why. I could only think of it as an extended article. Then, when I began to work, I found how much there was to do. I travelled all over, met hundreds of people. It's amazing how everyone is affected by this problem, and how they're all willing to talk about it.

Q. Did you interview both men and women or only women?

A. Both, though sometimes with a little difficulty. I remember an incident in Punjab. I was sitting next to a burly, obviously rich, Sikh, in a bus one day, wanting to ask him a lot of things. But I, being a woman, and he, being an unliberated male — neither of us could address the other directly. Finally I looked diagonally across his nose and out of the window, and asked him a question. In reply, he did the same, and so we carried on. . . Later, he did look at me directly though!

Q. In your book you have traced dowry and its various ramifications to ancient times. In doing so what conclusion have you come to? That is, is there any one reason, according to you for this widespread social evil?

A. Well I think that at the basis of the man-woman relationship there is a great insecurity. The man's superiority complex is actually a built-up inferiority complex. And actually, if one looks at the problem sympathetically, it is possible to understand everyone's point of view. It exists not only here but everywhere — only, in different forms. In America, for example there is no dowry. But there is another kind of oppression. Instances of wife-beating are high. And the discrimination is so blatant that if a man beats a woman and she informs the police they come over and take the man around the block for a walk to cool off. Then they measure the size of the woman's wounds; if these don't come up to the size stipulated by the Stitch Laws, the woman is not considered to be seriously beaten. If the reverse happens, however, the woman is immediately hauled off by the police.

Q. In the early part of your book you speak of the man-woman relationship as a man-goddess relationship — that is men worship women in the abstract and ill-treat them at home. Then later, you speak of the bride price which, like the man-goddess relationship, gets reversed and, instead of a man paying a price for his bride, he begins to put a price on himself. How does this happen and what sort of a link have you found between the two?

A. To my mind, you see, it worked like this. Like other things that man could not understand — fire, water, etc., woman, too, was a mystery to him because of her capacity to bear children. Frightened by something he could not understand, he elevated woman to the status of a goddess. He worshipped her just as he worshipped fire and water. And she became a prized possession to be got through labour, warfare. But at the same time there was his need to assert himself. So while worshipping woman in the abstract, at home he relegated her to the status of an inferior being, and this slowly took over.

Q. But you have also said that in the beginning there was in fact no difference in status between men and women.

A. Yes, I have shown how in the beginning the **upanayana** ceremony was the same for men and women. Women were equally important — there were women palace guards, so many important sacrifices could not be performed without women. Then Manu crystallised, in one verse, the business of woman being kept in her place. Religion was deliberately made more and more obtuse, and the preserve of men. This made it more difficult for women to cope because this added many more years to their lives before they got married. So early marriages became common. And at the same time, because woman's status declined, the custom of honouring the bridegroom by giving him gifts etc. became common. Earlier there had been a bride price. Now, this was reversed. It was as if with these gifts, the parents of the girl were ridding themselves of a responsibility (often the responsibility of keeping the girl a virgin till she was married also came into this). Also, because of the custom of trying to sanskritize by marrying one's daughter into a higher caste the giving of gifts and money became an accepted norm.

Q. You have traced the roots of dowry in tradition and religion. You don't think that industrialization and capitalism have had anything to do with it?

A. Yes, I have spoken of the new rich. Today, because of the effects of industrialization, all the gold etc. which was paid at the time of marriage has translated itself into status symbols such as a wristwatch, suits, refrigerators, televisions, furniture, air-conditioners, scooters etc.

Q. In many places in your book there are instances of conversations with people — for example the conversation in the train, at the end. Did these actually take place, or is this aspect of the book fictitious?

A. No, they didn't take place as such, although they're not entirely fictitious. These are things that I have heard people say time and again, in various instances — overheard conversations, shared feelings, things I've seen in newspapers etc. And what I've done is to place them in a real setting. That is, there may not necessarily have been five or six women in a train, talking about dowry, but women have said these things,

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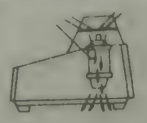

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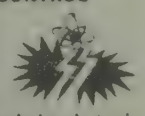

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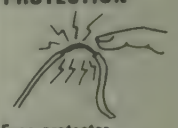

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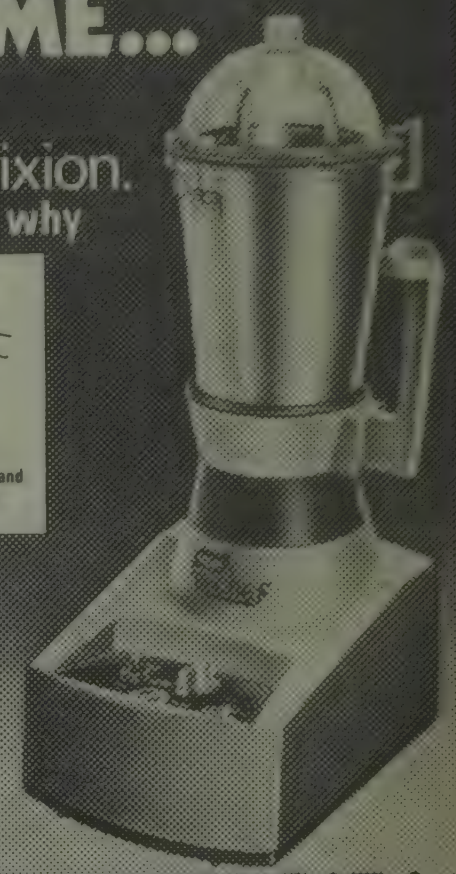

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MEET JAMILA VERGHESE

and I've simply placed them in a train or a room as the case may be.

Q. You don't think it would have been more interesting to speak of actual incidents, actual people and actual feelings?

A. You see, these things are so real to everyone that I actually wanted everyone to find themselves, or a feeling of theirs in the book. That is why I have done this. After all, all these things have been said by people time and again.

Q. How actually did you go about writing the book? And did you see it was fulfilling any particular role?

A. Yes, when I began to write, I hoped the book would be of some help to people. So, both to do that and in order to collect information, I put in an advertisement in many local language dailies, asking for names of organisations or individuals interested in helping. People saw the word 'dowry' and I was absolutely inundated with all sorts of letters, especially from Kerala. There were more than 300 and they're still coming. From people who were suffering and from those who wished to be helped. I couldn't do very much on my own so I took these to the YWCA. They have prepared a list which we hope to circulate to people. The government is also helping by checking the list.

Q. Recently, as you know women's organisations have been taking up the question of dowry and bride-burning. You have not said much about this. What role do you think they can play?

A. One thing I object to very strongly is the closed nature of each organization. These are human problems and you have to help no matter whose corns you tread on. Social organizations must hold hands and build a net all over the country. Drum beating of a single organization will help no one, and will only make them seem like political parties, thus exposing our national character. During the emergency, for example, dark as it was, some good projects were started — why have these been dropped now? After all, one must be careful not to throw out the baby with the bath water. In the 1000 anti-dowry pledges that were taken at one time, at least 20 must have been genuine.

Q. And protest, what do you feel about this?

A. The only useful form of protest, especially in these bride-burning cases, is social boycott. This, however, should not be superimposed. If, in a procession, people who have suffered can come to the foreground and speak, it will be much more effective. People who have no axe to grind. Then maybe the fainthearted ones will learn something as well.

Social organisations should do a complete and continued follow-up. They could perhaps bring out a newsletter to keep people in touch with the movement. Something like a club of sufferers — rather than merely politicizing things. Help must be on a person to person basis — a human thing. You put out your hand and someone takes it, there's a current, and you know you're not alone. And we women must become strong and not accept what has been handed down to us as our 'fate' so willingly. If my book is even a little help in this I will feel I have achieved something.

EVE'S WEEKLY/SHRI AMBICA MILLS AMBIQUEEN AND AMBIPRINCESS CONTESTS

Venues and Dates

Bangalore	November 3	Ravindra Kalakshetra
Madras	November 5	Kalai Vanar Arangam
Hyderabad	November 7	Ravindra Bharathi
Calcutta	November 14	Oberoi Grand
Delhi	November 19	Convention Hall, Hotel Ashoka
Ahmedabad	November 4 & 5	Premabhai Hall
Bombay	December 11	Shanmukhananda Hall

The final Contests for Miss India and Miss Young India will be held in Bombay on December 12, at Shanmukhananda Hall.

THAT'S A LAUGH!

In one of his essays Bob Benchley jocularly described himself as a social nuisance, remarking that he had been given the nickname of "Sweet Old Bob." But people preferred to call him by the initials.

* * *

Fed up with a snooty young actress whose nose was always elevated in pride, Tallulah Bankhead told her off: "Young woman, you look as if you were not born, but assembled. And when they came to your nose, they took the first thing that turned up."

* * *

"Waiter," said the customer after waiting interminably long for his food, "have you been to the zoo lately?"

"No, sir. Why do you ask?"

"You ought to go. You'd enjoy seeing the tortoises whiz past you."

* * *

"Did you get the licence number of the car that hit you?"

"No, but I'd recognise the laugh of that driver anywhere."

"Keep quiet," a woman was overheard telling her husband at a restaurant. "When I want your opinion, I'll give it to you."

* * *

A man fell off his horse and broke his leg. The horse picked him up by the seat of his pants, hoisted him into the saddle, drove him home, put him to bed and called a doctor.

"Smart horse," said a neighbour.

"Not smart at all," replied the man. "The idiot called a vet."

* * *

Knock, knock.

Who's there?

Loquacious.

Loquacious?

Well, she bumped into me, so I told her to loquacious going.

* * *

A sense of humour helps domestic life;

I wish someone would tell this to my wife.

* * *

A farmer's wife suddenly went out of her mind. As they carried her away in a straitjacket, he said, "I can't think what could have got into her. She hasn't been out of the kitchen in twenty years."

* * *

A politician once remarked that he had difficulty remembering names.

"But I solved the problem," he explained, "by taking Dale

Whatshisname's memory course."

* * *

A wealthy woman entered an expensive restaurant.

"Waiter," she ordered, "bring me half a dozen oysters — not too large or too small, not too plump or salty. And I want them cold."

"Yes, madam," replied the waiter. "With or without pearls?"

Compiled by George Fegradoe

"It's festive time. Time to only wear the best."

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SNEAK PREVIEW

"HER GOLD AND HER BODY"

By Jamila Verghese

"Stealing grain, base metals, or cattle, intercourse with women who drink spirituous liquor, slaying women, Sudras, Vaisyas and Kshatriyas, and atheism (are all) minor offences, causing loss of caste..." Thus spake Manu, giving sanction to future centuries of murder. While society the world over loves a male, the Indian tradition makes a god of him and a masochist of a woman.

PART II
Of Our Excerpt

"It's my kite! Give it back!"

"You gave it to me! I can do anything I like with it."

"It's my kite! Please give it back. Please!"

"All right, give me ten paise and I'll give it back."

"I haven't got any money. Where can I get ten paise?"

"Right! I'll cut up your kite. See!"

"Don't, don't, I'll get you the money. Please don't!"

Five-year-old Ramu runs off in an agony of tears and desperation. Looking about him fearfully, he plunges his hand into his mother's tin, takes one of the two coins in it, and runs back.

"Here," he says anxiously. "Here, take. Give me my kite!"

"Not so fast, Ramukutty, not so fast. I'm planning to slash this pretty kite from top to bottom!"

"But I got you the money," wails Ramu, his eyes fixed on his beautiful kite — the best kite in the whole world.

"If you can find money so easily my little one, may be you can get me a rupee?" Swamy's penknife is poised lightly over the quivering kite.

"Of course," he continues "If you can't do that, I can always burn this beauty. After all it is mine. Isn't it?"

Little Ramu sits down and weeps. His mother has no money and he has nowhere to get such a vast sum from...

He watches his little world collapse as his wonderful kite goes up in a flash of orange flame...

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"She is mine. I can do anything with her. You gave her to me. Didn't you?"

"She is my daughter. She is all I have."

"If you are so anxions to see her alive and well, then perhaps you could send me — shall we say, four thousand rupees — since you'll appreciate the dowry you gave with her was quite unsuitable...Or would you rather we beat her up some more?"

"I'll get it for you. My God! Are you human beings or devils? I'll get it if I have to sell my soul."

"What? Only a refrigerator and a radiogram? What are you thinking of, old man? You insult us with these paltry gifts. My father is a respectable man, my sister and her children are my dependants. I am an engineer. We are not the sort of people you can play with. Who do you think, you people are? She is mine and I can do as I please with her!"

...So twenty-year-old Meera had to die...

She was beaten, strangulated and burnt to death by her twenty-six year-old husband, his seventy-year-old father and his thirty-five-year-old widowed sister. The grim judgement sentenced her murderers to life imprisonment.

"Three Face Trial in Dowry Case."

"First Ever Dowry in West Bengal."

"Murder for Dowry."

"Wife Tortured by Husband, In-Laws..."

"They always gave me a beating before going to their chemist's shop in the morning. After they left, the three women also did not spare me. They used to force me to lie down on the ground. Shakuntala then used to sit on my chest, and Bela and Renu on my outstretched arms. They also used to pull my hair and strike my head against the ground violently. They did not give me water. My mother-in-law Shakuntala Devi had sat on my chest. Human refuse was forcibly put in my mouth. In addition to slaps and fisting, I also used to be hit with thappis, (wooden rods used for washing clothes) chappals, shoes, etc. Bela and Renu made me stand barefoot in the blazing sun from about 11 a.m. to 5 p.m. Thereafter Bela and Renu removed my clothes and when I had become totally naked they forced me to remain in that position on the roof of the house up to about 11 p.m.

"Bela and Renu told the men that I had been treated as they wanted me to be. Words slipped out of my mouth that the Almighty should give them (Renu and Bela) such homes as He had given to me. Immediately the accused, Jagat Parkash, (father-in-law), Anil Kumar (husband), Arun Kumar (his younger brother), Bela and Renu, started giving me slaps and blows. I pleaded with them...they forcibly brought me to the railings...beating me all the time. I was crying and pleading for my life. Then they started to throw me over the railings to the ground. I had caught the railings

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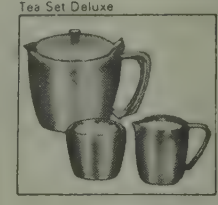

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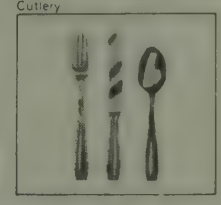

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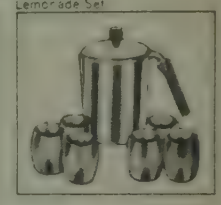

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"HER GOLD AND HER BODY"

as firmly as I could. The accused pushed me, and that resulted in my hanging in the air. Then the accused started giving me fist blows on my hands. Thereupon I lost the grip of the railings and fell down in the courtyard. . .and became semi-conscious."

Twenty-three year old Kanta Goel was then picked up by her father-in-law's eldest brother who lived on the ground floor and another friend. They telephoned her uncle who took the bleeding girl to hospital.

The Kanta Goel case caused a wave of shock as the morning papers of September 1976 published the horrifying details of her married life in her husband's home. On July 6, 1973, she had brought three thousand, one hundred rupees with her to her marriage. A sum of twenty to twenty-two thousand rupees was spent on the dowry and marriage arrangements. Accusations, taunts and demands for more followed. Articles like Dunlopillo mattresses, a pedestal fan and an electric mixer were extracted from her people. After some months of this living nightmare. she was taken to her relatives and abandoned for a year and nine months. When she was finally allowed to return, she brought clothes worth seven thousand rupees, one thousand rupees in cash, as well as a diamond ring for her husband as demanded.

Within three months the torture started again. The brief honeymoon was over.

Sentencing Jagat Parkash, a chemist of Ambala Cantonment (aged 50 years), his wife Shakuntala Devi (aged 46 years) and their son Anil Kumar (aged 28 years) to seven years' rigorous imprisonment with a fine of two thousand rupees each, the judge observed that they were "guilty of deliberate and forced starvation, cruelty, maltreatment and and harassment," and that they had behaved in a "highly shabby and inhuman manner against all decency and norms."

The Kanta Goel case was barely over when the papers of August 11, 1977 published a little item entitled, "Woman Burnt Alive." I quote it in full:

"Banda: August 10: A young woman, whose father died before he could fulfil his promise to give a gun to his son-in-law as dowry, is reported to have been tortured and burnt to death in Khushand village, 20 kilometres from here.

"According to a report received here, the woman's husband and father-in-law used to deny her food for days together, insisting that one of her uncles should honour the dowry pledge. She was also allegedly threatened with murder if the promise was not fulfilled. Yesterday, the woman was subjected to cruel torture by her in-laws and she fled to a relation's house. But she was dragged back home by them and allegedly burnt alive."

"Lecturer Tortured by Husband," "Woman Held For Murder of Daughter-in-law," "Held for burning Bride to Death," "Dowry Victim Lured to Brothel," "Child Falls Victim to Dowry Tussle"...

Lakshmi Devi of Charik village, Renuka Sarna of Naraina, Kanta Goel of Ambala, Krishna Kumari of Gurgaon, Meera Tandon of Lucknow, Vasantha Nadar of Kerala, Shanta Rani of Ambala, Alka of Bangalore, Davinder Kaur of Delhi, Tarawati of Kailasepur village, Savitri Sunder, the gold medallist M.Sc. from Madras University, eighteen-year-old Manorama of Indore, Kamala, the young tribal Gond mother of two from Nagpur, Devrati of Jari village, Tarvinder Kaur of Delhi, the list is endless. . .

Mine! Mine! This woman is mine! Mine to do with as I please!

Ever since woman stepped out of her early Vedic Utopia and walked into man's world, he has been establishing proprietary right over her. Long before she was sentenced to life imprisonment in the protective custody of the men in her family, the Rig Veda had gently but firmly put her man in his place. Woman was divinely protected, her earthly guardian was given the last place in the scheme of things.

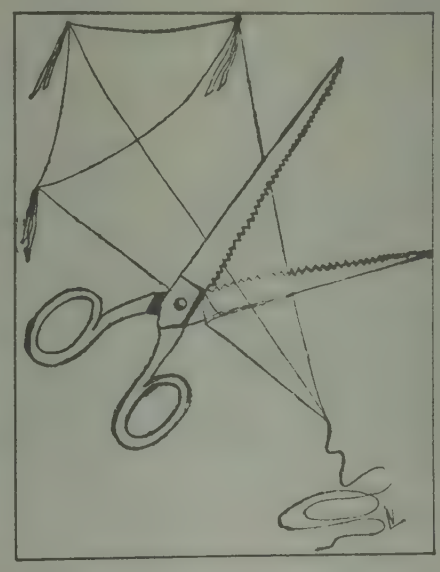
Soma took her up first of all,
thereafter the Gandharva guarded her,
and thy third protector was Agni
and the son of man is thy fourth.

The Manusmriti however, firmly thrust her into her new and eternally dependent role:

Day and night woman must be kept in dependence by the males (of) her (family)...Her father protects (her) in childhood, her husband protects (her) in youth, and her sons protect (her) in old age; a woman is never fit for independence.

The Assyrian scribes of 11 B.C. had already said the same thing. Woman was expected to be under the rule of her father **"who was free to settle her in marriage exactly as he thought fit."**

Adultery was not a sin which involved conscience or morals, but was regarded as stealing or damaging of property. The husband could leap over his neighbour's fence without let or hindrance, but his wife would be in danger of losing her life if she dare involve herself with an attractive neighbour. Unmarried women's virginity was their fathers' business. Rape in such cases damaged the virgin's market value and impinged on the proprietary rights of her owner — her father. The rapist's wife was handed over to her father to be used as a prostitute and he would be forced to marry his victim. If he was a bachelor, he paid heavily for his moment of pleasure in money as well as in being tied to the girl in marriage for the rest of his life. Even this last hung on the fiat of the



girl's father, who would of course take the money since it was compensation for his loss. The only way the married rapist could escape giving his wife up to prostitution was by proving that the raped girl came to him of her own accord, but he would still have to pay for the damage he had caused to property.

Early medieval society in Germany acknowledged the husband's complete control over his wife as a right — the right of mundium. She was passed on from her father's hand to that of her husband. This right included the authority to beat her, but not to mutilate or kill. This was valuable property and the price of damaging it was laid out in the laws of the Alemanni:

If a free woman was stripped above the waist, the penalty was six solidi. If she was completely stripped he would have to pay forty solidi.

The killing of such property especially during the productive years — that is between puberty and forty years — would have made a saint of a prospective murderer:

Either six hunderd solidi or the equivalent in livestock — three hundred cattle or fifty male horses. The law provided for the payment of instalment to continue down three generations.

So at least in death the woman would have had the comfort of knowing she was valuable.

It is good to read that today's battered wife in Germany has a refuge to which she can go — the "House of women", with financial aid and help in training and employment. This measure follows the setting up of a centre in London by Erin Pizzey, and similar projects in the Netherlands and in Scandinavia. In the United States social organisations deal with this very vital problem.

Society the world over loves a male, but the Indian tradition makes a god of him and a masochist of a woman. She is expected to enjoy being ill-treated, as her tormentor is her lord. Even the word for husband in most Indian languages is the equivalent of "lord and master."

"How does he treat you?" ask the newly wed girl's friends; meaning thereby that if he does not beat her, she is a fortunate woman indeed.

Old records show the brutal methods that were used by men to show to the world the women of their household were their private possession. In Dahomey when the king died, not only were his belongings buried with him, but his wives' legs were broken so that they could not run away. They were entombed alive with their dead master and "cautioned to treat their lord well."

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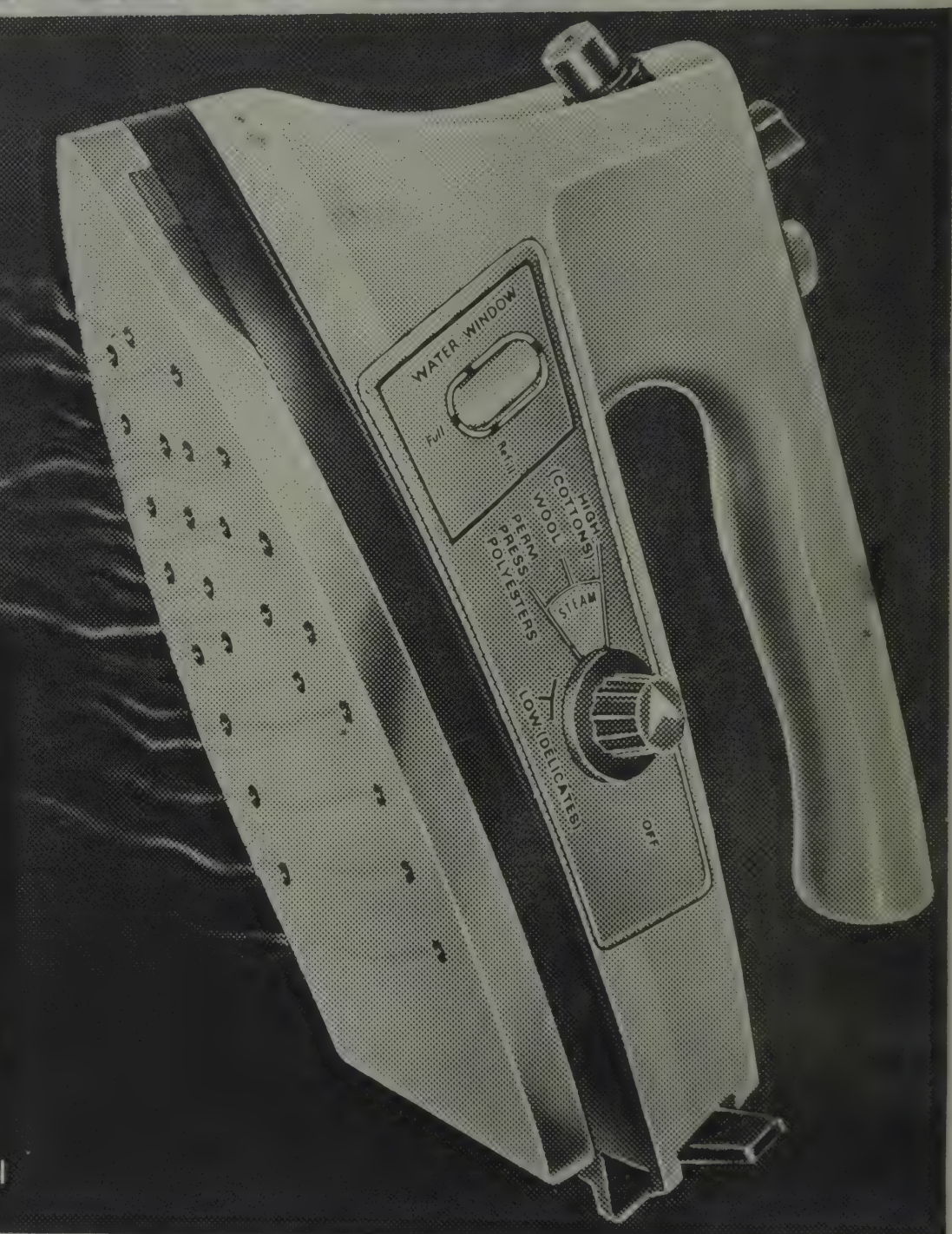

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"HER GOLD AND HER BODY"

Since wives, concubines and servants formed part of a rich man's property, it would be only natural for him to expect service from them when he migrated to the spirit world. In the timeless Pyramids, the royal Pharoah's spirit reigned on, surrounded by the panoply of majesty. Will Durant speculates on the possibility of the idea of possessions, animate and inanimate, having at some time accompanied the great Pharoah to the other world.

The divine Inca was not only mummified after death like his Egyptian counterpart, but a golden life-sized statue made in his likeness ruled forever from a golden stool. His women and his servants were given intoxicants to drink. As they danced inebriate before their dead master, they were strangled and allowed the privilege of serving him throughout eternity.

During Confucius' time, if a Chinese husband beat his wife or accidentally caused her death, he was not held guilty, but if his wife happened to do the same, her crime would invoke heavy punishment. "Women," said local proverbs of the time, "are like a suit of clothes." Although the Chinese woman today has an exalted position as "one half of the sky," as late as 1952, "official reports of infanticide and of selling and purchasing of daughters and wives were available. The Marriage Law of 1950 has gone a long way in giving the women of China "equal rights with men in political, economic, cultural, educational and social life."

Tulsidas, writing in the Ramayana is all for a little disciplining of women: **"A drum, a rustic, a Sudra, a beast and a woman — all these deserve beating."** And Manu fully endorses these sentiments:

On women, infants, men of disordered mind, the poor and the sick, the king shall inflict punishment with a whip, a cane, or a rope and the like.

Human beings are the same whether born in the East or in the West. Here is a familiar Western saying

The woman, a spaniel, the walnut tree
The more you beat them the better they be.

Since woman was only one among many animate and inanimate objects owned by a man, killing her was not anything to get hot under the collar about. Of course, you lost caste that way and that could be serious, but no one would have gone so far as to suggest in Manu's day that a man who thus got rid of an unwanted article should be imprisoned for life or executed — that would have been considered most uncivilised:

Stealing grain, base metals, or cattle, intercourse with women who drink spirituous liquor slaying women, Sudras, Vaisyas or Kshatriyas, and atheism, (are all) minor offences, causing loss of caste.

But Manu was an honourable man. "So are they all — all honourable men," said Mark Anthony giving his oration over Julius Caesar's dead body. The Roman husband who lived betwen 508 and 202 B.C. had power of life and death over his wife and children. He could sell them into slavery or kill them as the spirit moved him.

The Saxon, not to be outdone by other males of history, formulated laws which gave him the right to kill his adulterous wife, while a Jew in medieval Europe was allowed to beat her "within reason." If he happened to injure her severely, however, he was fined rather heavily.

Thousands of years have rolled by since the first man put woman on his property list, but woman is still there in one guise or another. Today when a man says, "This is my wife," it is hard to tell whether the glint in his eye denotes proud possession or appreciation of her as a person.

The Yanomamo Indians of the Brazil border must surely rank highest among modern tribals as wife possessors. Among these people woman is property par excellence.

All Yanamamo men physically abuse their wives. Kind husbands merely bruise and multilate them, the fierce ones wound and kill.

In a plethora of violence against what they consider their very own, they yank off ears chop off flesh from an arm, shoot barbed arrows into buttocks, scorch their women with burning sticks, swing axes at them, or merely chop off their heads. Sometimes an arrow aimed innocently at an arm or a leg, lodges itself most annoyingly in a stomach or a heart. The inconvenience of having to look around for another woman is so great that it seems hardly worth the momentary satisfaction of having taught the dead one a lesson.

Dr. Judith Shapiro of the University of Chicago who studied these tribals, found that their women expected to be beaten, and proudly displayed their scars as marks of affection. Her own unscarred face drew sympathetic comment. It was obvious to them that the men she met had no tender feelings for her.

A Yanomamo woman realises that she will be discarded the moment her usefulness is over. She understands the full significance of the phrase in her language which means, "Divorce — throwing something away."

It's all in the game.

The battle scars of love and marriage are still on display in some of our most civilized societies:

"Recently, some of Japan's ladies themselves have begun to puncture their nation's feminine mystique. The wife of the former Prime Minister, Eisaku Sato, started it all by accusing her husband of beating her and behaving in ways that would 'make a girl of today run away and get a divorce'."

"I'll call daddy to hit you!"

"Women have been raised and socialized to believe they must make their husbands happy," argues Marjory Fields, an Attorney with the South Brooklyn Legal Services Corporation. "So they not only take the beatings, they tend to feel responsible for them. Their guilt feelings prevent them from getting out."

"For many women," continues MS magazine, "even arguments over minor items as misplaced cigarettes, unmade beds, or delayed dinners may end in blood and bruises."

FROM CHAPTER 9.

To be continued

DISCARDED AT SEVENTY–A FOLLOW-UP

As a sequel to the true incident which I had narrated under the title, "Discarded at Seventy", poor old Kannama spent her last days on the verandah of her son's kind neighbour. When I heard that she was back to square one, I sent five rupees to her through my maid-servant. The old woman brightened up and asked to be sat up and wondered if I had sent her some coffee. But noticing the son's look of fury, my maid-servant handed over the amount to the old husband, Kannan, asking him to get his ailing wife whatever she required. I believe she asked for coffee, a masala dosa, which she could hardly eat and a Rexona soap, all of which the old man took her.

The ungrateful son strongly resented any offers of food as he did not wish that her life should be prolonged any longer! The son and his wife did not give her anything and would not even allow their daughter anywhere near the old grandmother!

These small tips of money saw her through her sips of coffee. I was told that any amount more than five rupees would tempt the old man to treat himself to a half-plate of mutton biryani, neglecting his wife's condition.

Finally on 12th August the old woman breathed her last, a real escape from the mental and physical sufferings of her body!

But the next day I saw a very solemn procession of a whole lot of people, perhaps neighbours and relatives taking the body to the cremation grounds with the son piously leading the mourners with a woebegone look steeped in sorrow! Only we knew the truth behind this hypocrisy!

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OF SUMPTUOUS SPREADS AND EXTRAVAGANT CELEBRATIONS

Mariana Pinto

It is only in childhood perhaps, that birthdays have any happy significance in our lives. In later years we celebrate, we entertain and are entertained in return on these occasions, but are more likely to regard birthdays as a festive occasion which we either look forward to as an opportunity to have fun, or as a necessary evil which has to be swallowed with a good grace. This transition generally takes place around twenty-one and by thirty we find we can no longer summon up the same bubbling enthusiasm.

Birthday celebrations for children however, have gained an entirely new dimension today. The mood of the times inevitably influences people. Interviewing a cross-section of families in Bombay, I found that a group of them not only carry on with the conventional customs of celebrating the event, but keep up with the Joneses too! This group belonged to the upper strata of society where money is no problem especially where their children are concerned. "After all,

Gajendra Prasad (10½).

"I like to play with sports cars, I hate games but I don't mind films at parties".

we're young only once", was the defensive remark they usually made when I wondered aloud if this mode of celebrating did not affect the children's outlook.

Mrs. Kusum Prakash whose children aged 12, 10½ and 6, go to prominent schools in the city, said, "We've always encouraged anything they've wanted to do on their birthdays. We feel that they will soon leave the nest and we should do our best for them. Money has been no problem for us as my husband is a businessman. Perhaps we've just been lucky in this." Her birthday parties are lavish and so are Mrs. V. Patel's, who affirms, "Both my children know about everything that goes on — big parties, good food and a lot of fun; so I can do nothing about what they want to do, unless I keep them in the house all the time!"

What was remarkable about these families was, that though they had big celebrations with the number of guests exceeding a hundred, they still wanted their children to maintain a practical outlook. One parent said, "What I really care about is consideration for others. I want my children to be kind, thoughtful and satisfied. I'm strict about honesty, good manners, being punctual and keeping promises." On the other hand she also felt that if she cracked down and was more economical, it wouldn't upset the children terribly, but "it would harm our carefully built-up relationships, our social set-up and cause resentment and bad feeling. I want peace at any cost," she ended quite decisively.

RIYADH AHMED (7).

"I like all birthday parties but I like mine best."

Beryl Aranha who also belongs to the upper social class was quite firm in her views about not celebrating in a grand way even if money permitted it. She said, "Although I can afford it, I don't believe in it, because it gives a false sense of values to the child." If her children attend an extravagant celebration, she finds that they cope with the envy that follows. She says she has explained to them that in India we could distribute surplus wealth to the poor, rather than splash it on a celebration which lasts only for a couple of hours.

Mrs. Malti Mehra who has two sons, aged 6 and 4, explains that their first birthday parties had been celebrated in a fabulous manner as the grandparents had insisted on it. "The children who came were very uncomfortable since they preferred wafers and cookies to a sumptuous spread. It doesn't mean a thing to them and yet we stick to these conventional type of celebrations to please the more orthodox relatives." The Mehras had filmed these first parties but have now settled down to having simpler celebrations.

Mrs. Rai Bhatia, also the mother of two sons, recalled the times she had tried to streamline her children's parties but usually ended up with a huge affair with fifty children, only half of whom were invited. The self-invited ones turned up at her doorstep, armed with gifts! Apparently, they had told their parents that they had been invited.

PRIYA MARTIN (9).

"I like the parties I attend I like the games, singing and eating! I like grown-ups to be included in my party. It's more fun".

LEFT: Bhatia Junior cuts a car-shaped cake at his birthday party to which fifty children were invited.

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OF SUMPTUOUS SPREADS AND EXTRA-VAGANT CELEBRATIONS

This one-year-old's Humpty Dumpty cake cost Rs. 170.

With a rueful smile, she admitted that at the close of the day she was left feeling dissatisfied.

"Yes, I definitely want to change this conventional type of celebration," she said, "but don't know how to do it." In her case,

DILEEP PANDEY (12).

"Now I prefer not to have parties. I go to my friend's house — he has 100 kids over. Why can't I?"

the parents too come over for dinner and though it is exhausting she is unable to break the cycle. A heartening aspect in their household is that Mr. Bhatia helps with three-quarters of the work! He participates wholeheartedly, but agrees that these large children-cum-grown-ups' celebrations should be done away with. Their elder son (8½) is an extreme introvert. Strangely enough, he hates to go to other children's parties but enjoys having them all over at his place. This attitude and the fact that the younger one (4½) is an out and out extrovert, force the Bhatias to adhere to the usual kind of celebration.

Mrs. J. Bubber explained that a death in the family on one birthday and a servant problem on another, gave her children a chance to have a quieter celebration and to her surprise, they continue to prefer it this way. Mrs. Bubber recalled an amusing experience she had had when they were living in Punjab. Having arranged a lovely birthday spread, she went through it all with much enthusiasm, making sure everything was a success, only to be asked by a little guest at the end of it all, "Aunty can we play now?" "Children don't like these regimented games," she concluded. "They'd much rather be all over the place squabbling; so I now have birthday parties at the G.V. M. Gymkhana. This automatically puts me on a budget as one has to choose a menu. Also, I don't have to tell them what to play — there's a riot on the lawns!"

Mrs. Ema Martin who lives in Santacruz has four children aged 11, 9, 8 and 5½. She tries to innovate on such occasions — "I certainly encourage my children to give their own suggestions for their birthday parties. But children are not always practical and I have to bring them round to

MAYA PATEL (11).

"I have my school friends on one day and my cousins, uncles and aunts on another. Both my parties are such fun!"

my way of thinking without making them feel they're giving in to me." She's diplomatic but firm about inviting all the children's cousins and friends even if they show marked preferences. Her husband has a tight work-schedule yet helps at all the celebrations.

The Martins avoid frills and fuss because as Mrs. Martin said, "I don't believe that keeping up with the Joneses will make your party more or less enjoyable. What you make of your child's party is a happy combination of what the parents would like to do for him/her from their knowledge of what the child enjoys doing most."

Mrs. J. Dalal feels, "A fortnight or more is essential for pre-party planning". She makes a great many of the sweets in advance and leaves the decorations, placing of chairs, music arrangements for games etc, for the last day. Other parents also agreed that gifts and sweets to be distributed, decorative packing (animal or doll shapes etc). prizes for games, invitations to be sent two weeks ahead, were things that made it absolutely necessary for them to plan two or three weeks in advance.

Food was the most important item on all the parents' lists. The children always had great expectations and demanded surprises here too! Some talented mothers iced their own cakes and experimented with both shapes and decorations. One of the women mentioned having two cakes for a double celebration, a castle for her son (3), and a crinoline lady for her daughter (6), which took her two days to complete. Prices of ready-to buy cakes ranged from Rs. 130 for a three pound book shape with pure chocolate icing to Rs. 350 for a 3½ pound cake shaped like a motorcycle with an embellished rider to boot. A 2½

When film shows are organised as part of the entertainment for the little guests, games are usually avoided.

OF SUMPTUOUS SPREADS AND EXTRA-VAGANT CELEBRATIONS

pound Humpty-Dumpty cake cost Rs. 170.

The menus were also varied. Some parents served plain, solid fare with the usual tri-coloured sandwiches, wafers of several kinds, pastries and savouries accompanied by ice-cream and/or fruit squash; others added jalebis and laddoos to this menu. A richer variety consisted of channa-batura, samosas, pakoras, halwa of several kinds; two types of cake; lemon and chocolate rolls to choose from, meringue pie and ginger ale.

Mrs. J. K. Singhvi provided typically Indian fare like kababs, bhajiyas, etc, with a variety of dips, jeera pani and tomato juice. Mrs. Lilia Carvalho has a Bhelpuri festival on all her four children's birthdays. She hires a cook (Rs. 50 per day) who prepares all the stuff in the house itself. Bhelpuri, sev-batata puri, dahi-batata puri, pani-puri and you-make-your-own-combination! These parties usually are a riot. I attended one of them and it seemed as if the adults came with more enthusiasm (and certainly bigger appetites) than the children.

The moderate income group spent Rs. 20-30 on a birthday gift. Parents in the higher income bracket spent Rs. 30-50. Some families went way above this mark presenting cash gifts of Rs. 101 and Rs. 151. This usually occurred in families who were very closely related, and seemed to be under an obligation to carry on this custom within the family circle. Gifts both given and received, came in three categories! Special gifts for boys — radio controlled cars, trains, aeroplanes, from abroad; also a walking robot with a mini T.V., motor cars, dinky toys, various types of guns, scooters and bigger motor cars available in the local market, and other electrically operated toys.

Special gifts for girls included walkie-talkie dolls, dolls' houses complete with a cooking range and pressure cookers etc., embroidery sets, fancy dresses and dress materials. Gifts in the general category were carrom boards, a drawing board, toy telephones, materials for clothes, educational toys requiring various types of ingenuity, books ranging from comics to children's encyclopaedias and cute stuffed animals for the smaller children.

Expenditure on gifts does not limit itself to items that are presented only. No celebration was complete without distributing gifts to the invitees. While some handed out toys in school (Rs. 5-8 per child) and at home, others restricted themselves to presenting them only at home.

According to Mrs. Malti Mehra, an increasing number of parents were now giving the children either cake or ice-cream in school, as the gifts, generally plastic items, were usually thrown around and trampled upon by the smaller children.

Invitation cards too cost a tidy sum (Rs. 30-50), depending on the quality of the paper and the design. Many parents just telephoned and invited their guests and others asked children to pool in their talents and make their own invitation cards.

Mrs. A. Patel has a projector and films her birthday parties. There were many parents like her who took photographs and filmed the parties, and others who only took coloured photographs. If a projector was brought to film the proceedings, the children were shown short films and popular cartoons. As many as eight to ten cartoon sequences were screened in a row which gave the parents an opportunity to relax after the hectic feeding time was over. These families avoided games. The others who organised games gave away prizes worth Rs. 15-25. Generally, six games were the minimum number and some families had two sets of games dividing the children into two age groups. Entertainment ideas besides movies (the most popular item), ranged from games of all kinds, to puppet and magic shows. In apartments which boasted of spacious compounds, pony and elephant rides were provided. One family took the whole crowd for a boat ride as well. Paper hats and balloons were very popular but a good number found that hats created a mess and served no useful purpose, so they restricted themselves to balloons and decorations made from thermocole.

The overall expenditure of each family in the moderate income group amounted to Rs.200-500, and the average expenditure for the higher income group was around Rs. 800 depending on the number of invitees.

Feeling that these celebrations must be influencing people from the lower income groups, I spoke to some families in this category and found that they did indeed have a tendency to overspend. Surprisingly though, a child's birthday was an event to entertain more adults than children. Sweets are distributed in school by some families as the children insist on it. Games are played at home and a birthday cake is a must. They also put up a meal far beyond their means. Biryani, chicken or mutton and even ice-cream were served to the guests numbering 10-15 on an average.

The parents agreed that seeing children who were better off, these kids insisted on a celebration, however small. Though Rs. 15 was spent on a birthday gift for a child, I discovered that much more was spent on exchanging gifts among adults on festive occasions. It was no wonder then, that the children learnt all about celebrations and made their own demands. "We only spend extra on these occasions. You think it is too much? But then how will we enjoy ourselves? It is fun for everyone so we don't mind overspending a bit," remarked Kundal, who works as a washer-woman in several large households.

Ramu (8½) delivers milk bottles in the early hours of the morning, later goes to school, finishes at 2.00 p.m. and does his rounds all over again with his little brother (7), to collect the empty bottles. Their father Hari, does a lot of other jobs and is happy to keep some money aside to help celebrate the boys' birthdays, as they do their bit to add to the family earnings.

All in all, families in every group agreed that birthdays are a time to remember those you love with heartwarming thoughts. Sometimes however, questions do arise about the proper way of celebrating. While it doesn't seem right to go beserk over the arrangements to prove your affection for the child, these occasions can become learning experiences as well as days of enjoyment. Some of the celebrations may seem overdone, but often these are the most enjoyed. However, celebrating a birthday in the correct spirit can help encourage children discover new things about their world — the family, neighbours, school friends and group activities.

The untouchable toilet

In India, toilet is a dirty word. It needn't be.

Most people really treat their toilet dirty. No other room in the house gets as little attention. No room needs it more. What we choose not to see doesn't bother us at all. Well here's something that will:

A dirty toilet doesn't just look and smell unpleasant. It is unhealthy, unhygienic, even positively dangerous.

That's the plain truth. Not understated. But not exaggerated either. So perhaps you should ask yourself a question.

Is your toilet as clean as you'd like it to be?

There's only one person who need know the answer. You.

Even if you get the sweeper to clean it every morning, is he doing it as well as he should. Or as quickly as possible?

If you're not happy with your answer, here's something you'll be happy to hear of... Sanifresh.

What is Sanifresh?

Sanifresh is a lavatory cleanser that does a lot of dirty work for you. Flush the toilet first.

Then sprinkle Sanifresh generously inside the toilet bowl. Give it 3-4 hours to act. Better still, leave it overnight. Then flush again. If the flush does not work, pour a bucketful of water And there, all your cleaning problems have gone too!

Sanifresh acts 3 ways:

1. Sanifresh cleans thoroughly.

It contains a highly active cleansing agent that removes the most stubborn stains. Sanifresh cleans where a brush can't even reach.

2. Sanifresh gets rid of dangerous germs.

A toilet can be a breeding ground for germs, a likely source of disease. Sanifresh gives you the kind of protection ordinary 'phenyles' cannot. So you can be absolutely sure your toilet is absolutely safe.

3. Sanifresh banishes unpleasant odours.

A toilet can smell awful. Bad ventilation traps odours and makes the problem worse. Sanifresh contains a deodorant that freshens the air and dispels odours.

How often should you use Sanifresh? Considering how important toilet cleanliness is, there's just one answer. Every single day

It does all your dirty work to keep your toilet clean.

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BEAUTY BULLETIN

SLOUCHING IS HER PROBLEM

I am 19, 5' 7" in height and have developed a slouch. I have an attractive figure but the slouch makes me very self-conscious. Please help.

D. V. (Bangalore)

Are you conscious of your height and therefore tend to slouch? This is the result of poor posture and bad sitting habit. You must improve your posture and always sit and stand tall. When you slouch, pull yourself up—stretching head from shoulders, shoulders from waist and from hips.

Here is a good exercise to improve your posture. Sit on your heels, then rise to a kneeling position. Tilt your body back slowly, as far as possible, keeping spine absolutely straight. Return to first position. Repeat.

BEAUTIFUL BUSTLINE

Try this exercise to get rid of the roundness at the shoulders. Stand with feet together, place fingertips on shoulders and rotate arms in a backward circular movement for a few minutes.

Do these regularly for 10-15 minutes daily till you find improvement.

TWEEZING EYEBROWS

I have just started tweezing hair from my eyebrows to shape them, but my eyes water when I do this. Any remedy?

My other problem is that although I am only 24, my hair has started greying — this is a family trait. I am thinking of using a permanent tint, how often will I have to touch up the roots if I do this?

F.K. (Ahmedabad)

Before you start tweezing, dab your skin with a little eau de cologne — this will make the plucking painless. And always remember to pull out the hair in one swift movement in the direction of its growth.

Hair growth is from one/fourth of an inch to an inch every month. Retouching depends on how quick your growth is. On an average hair roots require retouching once a month.

TO FIRM BOSOM

I am 32, but my bustline has started sagging slightly. I have tried massage but to no avail. Please suggest a few exercises for my problem.

Swimming is a good exercise, especially the breast stroke, to firm and tone the pectoral or the supporting muscles of the chest.

Try this one too. Stand with feet slightly apart and clasp each wrist with the opposite hand. As you grip each wrist, push the elbows outward. You can feel the exertion on the chest muscles. Repeat 10 times, then increase to 25.

Here is a Yoga exercise for you — the Dhanurasana or the Bow pose. Lie flat on your stomach with arms placed alongside the body. Bend knees and slowly grasp the ankles with your hands. Gradually stretch your legs and arms so that the body curves into a bow shape. Now balance on your stomach. Hold this pose for about six seconds, return to original position. Relax and repeat.

WOMEN IN FOCUS

S. K. SATYAVATI

SANSKRIT SCHOLAR

Mrs. S. K. Satyavati, currently doing her doctoral studies in Sanskrit from Bombay University, is perhaps one of the very few women in the country studying this ancient language at an advanced academic level. Satya, recipient of a U.G.C. fellowship, is studying at the Bhartiya Vidya Bhavan, Bombay, under the guidance of Prof. Upadyaya, a renowned Sanskrit scholar. Satya has chosen a very interesting topic — she is studying the "Siva Bharatam" which contains the life of Shivaji in Sanskrit.

Talking about her research Satya said, "This is a very rare book written in Sanskrit, which gives a complete account of the political, social and religious life during Shivaji's time. It also throws light on customs, festivals, ornaments, trade, commerce, urban and rural life. I am making a comparative study of dates, events, etc, which appear in this book, with actual historical facts. For this I have to visit libraries and archives to gather information. It is a very fascinaing study and I will soon be submitting my thesis to Bombay University." This will be particularly appropriate as the third death centenary of Shivaji will fall in 1980.

Satyavati has been deeply interested in Sanskrit since her childhood. Hailing from Andhra Pradesh, Satya was influenced by her grandfather and father who were both Sanskrit scholars. From them she learnt to recite the Bhagvad Gita daily. As a high school student she did a certificate course in Sanskrit conducted by the Bhartiya Vidya Bhavan and stood first in the examination.

While in college, she was awarded the Merit Scholarship for Sanskrit. She completed her Master's degree in Sanskrit in 1968 from Andhra University. She had the distinction of receiving two gold medals for proficiency in Sanskrit literature.

Besides Sanskrit, Satya has also studied Hindi. She completed "Sahitya Ratna" from the Prayag University, Allahabad, in 1968. This is equivalent to M.A. With such proficiency in both Hindi and Sanskrit, Satya taught these languages at the Andhra Education Society High School, Wadala, Bombay.

In 1973, she also worked as a professional translator for a publishing house in Bombay. While in that job, she was responsible for translating "Suka Saptati" 70 stories in Sanskrit told by parrots, and "Simhasana Dvatrimsat Katha", 32 stories of King Bhojraj, into English. Both these are expected to be released in early 1980.

Apart from her academic pursuits in Sanskrit, Satya has composed a few verses on Lord Narasimha.

Satya has also organised voluntary classes for women interested in the Bhagvad Gita in Bombay. She reads the Sanskrit text and gives the commentary in Hindi.

When asked about employment opportunities in this field Satya said that there is a reasonably good scope for people learning Sanskrit. They can work as professional translators, news readers for the All-India Radio, T.V. artistes, teachers, etc.

Satya also added that the Sanskrit language has been simplified and it is not as difficult as it used to be in the past.

She plans to settle down in Calcutta where her husband is working as a Scientific Officer in the B.A.R.C.

Kamala Kumar

WILD AND VIBRANT

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THE LITTLE WOMAN

by Don Tobin

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IT SURE IS -
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DO YOU REALLY MEAN IT?
I'LL BE READY IN TWENTY MINUTES!
I'LL GET THE CAR -
LET'S GO!
DARLING, YOU HAVE MADE ME THE HAPPIEST GIRL IN THE WORLD!
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L. WOMAN

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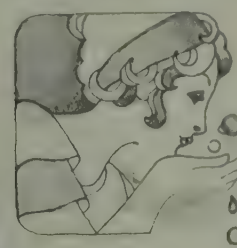
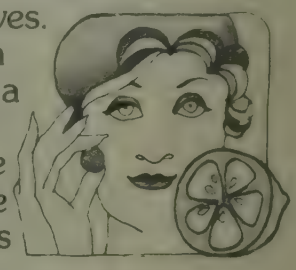
Every day your skin is open to attack. Protect it these four ways.

1 In spite of what anyone says, the old 'soap and water' scrub works wonders for any skin. If stale dirt accumulates overnight, the pores of your skin get clogged and rashes or pimples may begin to appear. Rinse with tepid water to clean out all the pores. Then splash cold water on your skin to tauten it.

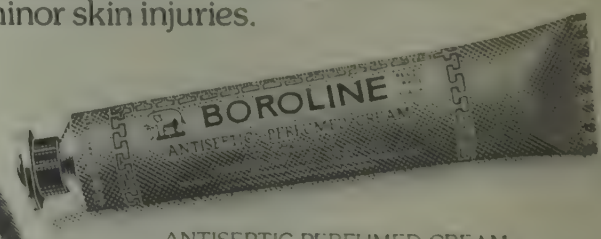


2 Your skin needs an occasional bracer. Nature offers lots of alternatives. Try rubbing a slice of lemon over your skin. Or apply a 'besan' paste, let it dry and then wash off. Or just use grandma's traditional recipe —a little 'haldi' in a few drops of milk before your bath.



3 There's nothing like a bit of exercise to make the skin glow. All it needs is a regular limber-up in the bathroom every morning. And while you're about it, do try to avoid eating too many fried foods and sweets. They tend to bring out all those ugly rashes and pimples.

4 Don't forget your daily Boroline routine. Smooth in this gentle, medicated cream into all the sensitive areas and rough patches of your skin. Use it every day and just before you go to bed. Boroline helps prevent dryness, chapping and rashes. It also acts as a gentle antiseptic for minor skin injuries.



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SHE had never seen a village again after that, or wanted to. Neither had she been able to forget that scum-crusted stagnant pond in the green shadows, unfortunately. Which was probably why she would keep staring at any coffee growing cold and forming cream, with such an odd obsession, ever since then. Somehow, in some odd fashion again beyond all explanation, that particular image had stuck in her child-brain, to develop steadily along with the rest of her. It had rooted itself firmly enough to reappear at stray moments, unexpectedly, and in dreams. She had kept wondering about it. . . when the pond was clean, how pleasant it must have been for all the fish inside! How lovely it must have looked, with all the lacy emerald tinted undergrowth and the layers of polished pebbles, all warm pinks and golds, on the floor — how happily the baby fishes must have played there, darting soundlessly as angels through their lace-curtained sapphire-world — and how terrible it must have been for them to apprehend, with all ttheir senses the decay of their world, even as they grew! How awful it must have been to watch

PART II

She had been as unfortunate as the trapped fish who knew they could not live in any other world but their own

that watery glass sky of theirs above grow steadily murky, to taste the grey poison as it spread, and then, not to breathe, and to die slowly in all that brackish slime — all this, without any possibility or hope of escape—!

The sheer idea had terrified her and tortured her; so much, that perhaps she had overlooked, until now, the fact that terror comes through identification. That one cannot fear the improbable, the absurd or the spurious — except temporarily perhaps — never with the intensity of her own horror of that specific childhood memory.

Perhaps she feared the pond simply because her own life was like that pond; still emerald-hued perhaps, but slowly growing dull. And perhaps she feared her own polished floors and sky only because she knew that they would have to cave in on her and suffocate her, in the end, like those very waters. After all, she feared most her own world — not in spite of, but because, she had to love it, knowing no other world, or any comfortable enough means of escape from her own.

Had she really known no other world? That could not be exactly true. One visit to a village had been enough to let her know that that world was not for her, not, at any rate, without comfortable bungalows or enough novels of her choice; and so, she had observed that world from a safe distance and come safely away to her own. One step outside her glass-protected, air-conditioned room or car into the dusty, dead-kitten-littered, screaming, busful world beyond had been enough for her to see the necessity of keeping away from that world, too; and so she had been a part of it, well-

Continued on page 43

THE INTRUSION

AN IMAGINARY GIRL'S THOUGHT-WAVE

Srimati Lal

LIKE MOTHER, LIKE DAUGHTER

Dinoo Vacha

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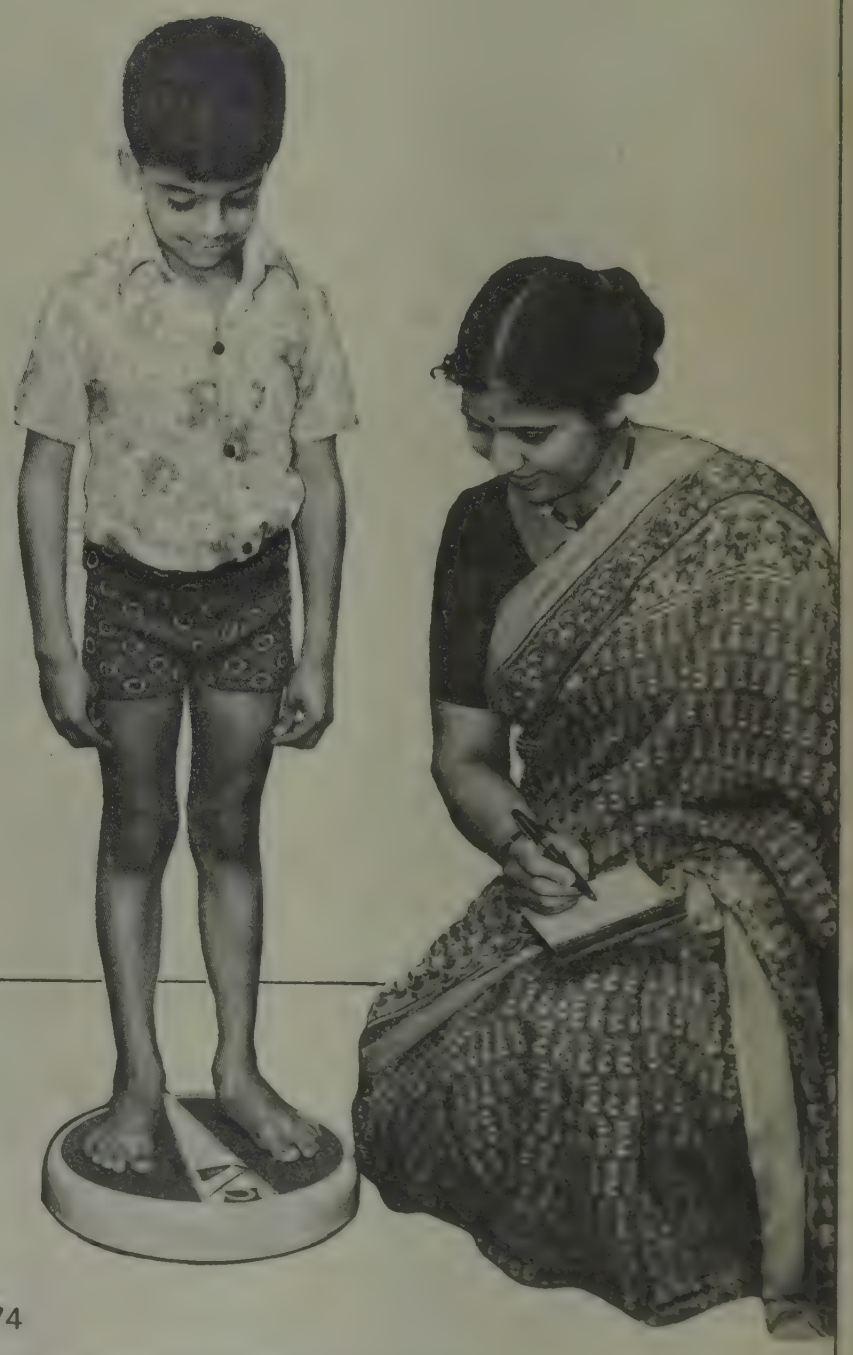

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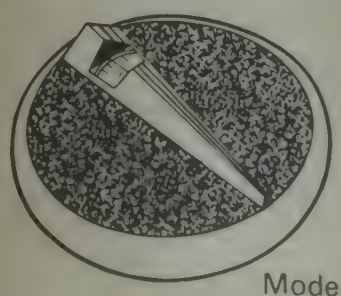
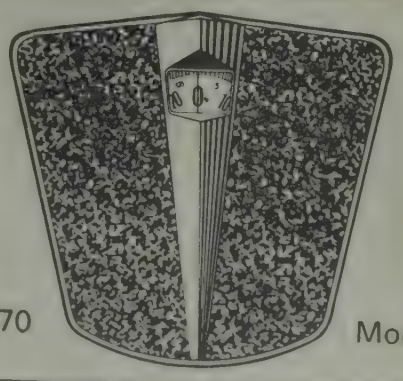


Model 770



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Venus

THE INTRUSION

Continued from page 39

protected with glass or perfume when strictly necessary, and had quickly come away from it. She had seen other worlds enough, then, but had also known her incapacity to call them her own. She had been exactly as unfortunate as the trapped fish, then, who knew they could not live in any other world, but had to watch others live outside, beyond glassy waters, as they died. . . and absurdly, sometimes, they were not even allowed to watch the living from their own world, but were removed from theirs, by philanthropic outsiders, and made to swim within one and a half feet of real glass — to live and to die in a vacuity — a falsely-real world!

Was her silent, cool world false or real? And if it were false — what, then, was she? Was it her fault that she was so terribly allergic to dirty ponds, dust, bad smells and dead kittens?

If not, why was she thinking so much?

. . .

THEY sat facing each other in silence, the coffee on the table in between. Somewhere along the way she had found, with her mind suddenly reeling, that her smugness had been given a terrible jolt. He had intruded, and with equal unpredictability, often enough before — but she had never given it much thought then. Now, she found herself thinking far too much for comfort, at the amazing distance her mind had wandered from his coffee-cup, and the completely cumbersome, unnecessary strain on her nerves. Chin in hands, she suddenly felt very weary after all her mental wandering — thought was so tiring — and she wondered how she could ever have allowed her mind to run riot in such an absurdly illogical, unpredictable manner. She was suddenly amazed, too, at the sheer folly of having allowed him to walk into her evening unannounced, then to mess it up, without even saying one word.

Why did she let him do it?

It was horrible, truly horrible This evening, she finally found herself wondering whether she had made a terrible mistake in rejecting what could be termed his 'proposal' — and whether she would regret it afterwards.

For the first time in her life, she indulged in the experience of doubt. It was a new and shocking experience. She even detected a tinge of guilt — guilt for cherishing her own comforts more than his feelings, guilt for knowing her own needs with too clear a mind, and calculating too carefully his utter incapacity to provide them. . .

It had been impulsive and unrealistic on his part. He had said they could always "manage somehow" without understanding her at all; it had been selfish of him to assume that she could "manage somehow." He had been living in a dream world then, not realising that the first stage of youth was over, so was college, and with it had died all idealised romancing.

She had tried to be sensible, to make him understand the truth, but he had taken it so badly. Why could he not understand that it was not possible for her to step down into an obviously middle class world, and to survive the change? For interest's sake, she had tried. She had asked her mother's permission, saying she was old enough to travel regularly for one whole week in crowded buses which slanted amazingly at angles of seventy-five degrees to the screaming road; she called them "the race of leaning towers" and would place bets with mummy as to which of them would win the race from Esplanade to the Planetarium as far as her eyes could follow them from behind her shaded car window. And one afternoon, she had caught sight of him, behind the smoky window of one such bus, had waved wildly, and been thrilled with unexpected pleasure. . .

She had tried. It had been (in all honesty) an unpleasant experience, being on the wrong side of the smoky, cracked window.

But why could he not understand the fact that she did appreciate him in her own fashion — very 'practically,' perhaps, but she had reason to believe that it was better in the long run to be practical — that it was not her fault that she realised that she could appreciate his frayed-edged kurtas, his Charminar cigarettes, his wild literary aspirations, his thin, trembling hands — but only from a distance — that she could never live with them? He had no reason to take offence when, as a friend, she would offer him money sometimes. He would break out into jarringly subtle insinuations about how she knew what he really needed, but kept extending money ever so cordially as some kind of cruel compensation for what she kept back... he would ultimately take the money, grudgingly, like a little sulking boy accepting sweets as a peace offering after some severe punishment. He needed money, and badly. Then he would disappear for weeks on end, and then suddenly reappear one evening, looking thinner than ever and more silently martyrish.

His untiring persistence in an ego-less state had never failed to amaze her, and she would be strangely glad to see him — but much more glad after he had left, when she could return safely to her chocolates and Brahms, without feeling excessively guilty about anything.

The cup, she noticed, was suddenly empty. Luckily she had returned to peace that evening even as he had finished with the coffee. The pointless mind-journey with baseless apprehensions was over. She had to wait now for the predictable end. She felt peacefully satisfied again in her role of prophetess. She knew, after all, exactly what he was going to say to her, although he had not yet spoken a word.

He would ask her if there had been any "change of attitude" on her "side". And she would be completely honest, and watch his eyes grow bleak with the truth. (She would have to tell him how he could never make it good in her set-up until he wore well-tailored deep blue suits with ties, and shoes which had stepped out of a Cherry-Blossom ad, and completely abandoned his sheaves of unpublished poetry, and of course perfected his English accent which was really too Bengali, and his etiquette too, and forgot his oily-curtained dank little flat like a bad dream, his mother who knew no English, and his unconvent bred unmarried sisters — at least for a certain number of years, while he climbed sufficient rungs to lasting glory, to her world — but how anyway, there would be little else than mutual unhappiness in an involvement to begin with, since she could never adjust to any uncompromising nature like his own. That it was not her fault to need the things she had grown accustomed to. That if he suffocated in her softly-lit, purring world, so would she suffocate in his dusty, loud world. That nothing could come of it. Yes — she had not left out any points.)

To be continued

The busy girl's aid to instant loveliness
POND'S
Angel Face
Angel Face compact is so silky fine it smoothes on with a feather-light touch. No blotching. No caking. And no more shiny noses! Your skin looks fresh and lovely... for hours.
And remember, Angel Face compacts come in three shades: Natural, Natural Pink, Suntan.
The light touch in the right shade.
PIL-2120
Ponds

A wild new wind is blowing your way.

Fashion fabrics by Piramal

Piramal Mills
Maheshwari Mills

APPLES ALL THE WAY

Premila Lal

Apples are everywhere in the market these days and now is the time to make the best use of them in your daily cooking. This versatile fruit is delicious and nutritious when eaten raw, but at the same time sumptuous when baked or fried or cooked in sweet, savoury or meat dishes.

Photograph : Farokh Reporter

ZARINA KHAN
Housewife and student

Photograph : P. Mansaram

CARBOHYDRATES & FATS
for that extra bounce and go.

PROTEIN for all-round brain and body growth.

VITAMINS & MINERALS for sturdier bones—a happy, healthy glow.

IRON for healthier blood, greater vitality.

The one solid food that provides all the ingredients vital to your baby's healthy growth

Makes your baby **Go, Grow, Glow**

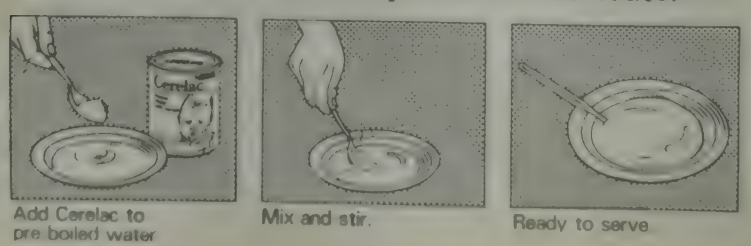
Cerelac®

Baby's nutritionally complete cereal food.
Complete with milk, sugar...and love.

Is your baby 3 months already ? He now needs a well-balanced solid food for complete growth. Cerelac—the nutritionally complete infant cereal food—is a delicious blend of cereal, full-cream milk and sugar that gives your baby all the nourishment vital to his growing needs.

* The right balance of fats and carbohydrates to make your baby GO.
* Enough proteins to make your baby GROW.
* Extra vitamins and iron to make your baby GLOW.

It's so easy to make—just add it to water



Add Cerelac to pre boiled water

Mix and stir.

Ready to serve

NESTLE

SAA FSL 'C'/1042

APPLE HALVA

6 large cooking apples
5 tbsps. sugar
Seeds of 3 cardamoms
2 tsps. pistachio nuts
Silver paper

Peel and core the apples and soak in a little salt water. Grate the apples and put in a pan along with the sugar. Cook on a low fire, stirring constantly. When it thickens, add the cardamoms and remove from fire. Pour onto a greased dish and sprinkle with nuts. Press down to an equal thickness and cover with the silver paper. Allow to cool and cut into shapes.

APPLE FOOL

1 kg cooking apples
100 grams sugar (more if required)
2 egg whites
1 tbsp. crystalised cherries

Wash, peel and core the apples. Dice them and cook with enough water till tender. Blend in an electric mixer or rub through a sieve. Whip egg whites till stiff. Fold in the sugar and then gradually add the apple puree. Put into a serving bowl and decorate with the cherries. Chill for 4 hours before serving.

APPLE FRITTERS

250 grams apples
½ cup milk
110 grams flour
2 eggs
1½ tsp. salt
1 tsp. baking powder
A pinch of cinnamon powder
Castor sugar
Ghee for frying

Peel and core the apples. Cut into rings. Beat the eggs well and gradually stir in the milk. Mix together the flour, baking powder, salt and cinnamon powder. Stir in the egg mixture and add the salad oil. Blend together. Dip each apple ring into the batter and fry in very hot fat until brown on both sides. Drain the rings thoroughly and sprinkle with castor sugar. Serve hot.

APPLE AND RUM DESSERT

2 cups whipped cream
500 grams apples
2 tbsps. honey
1 tsp. lemon juice
1 tsp. lemon rind, grated
3 tbsps. butter
2 cups breadcrumbs
½ cup melted guava jelly
1 tbsp. rum

Peel and core the apples and cut into thin slices. Place in a pan with the honey and very little water. Cook until soft, adding the lemon rind and juice half way through. Remove from fire and keep aside

Now saute the breadcrumbs in the butter. Place a layer of stewed apples at the bottom of a dish and spread with the breadcrumb mixture. Repeat until the mixture is used up. Pour the guava jelly on top. Serve hot accompanied with the stiffly whipped cream blended with the rum.

APPLE AND BRANDY SAUCE

6 large apples
1 tbsp. sugar
8 tbsps. brandy
½ cup butter
¾ cup icing sugar

Make the sauce first and keep ready. Cream the butter well. Add the icing sugar. Beat and add 5 tablespoons brandy. Beat again and keep aside. Put sauce into a warmed dish and sprinkle with sugar.

Peel and core the apples and slice. Saute in a little butter until nicely browned. Pour the remaining brandy over the apples and light it. Serve while the flame is still burning. Serve the sauce with the apples.

PARTRIDGE WITH APPLES

1 partridge
8 cooking apples
3 tbsps. cream
1 bay leaf
1 cup breadcrumbs
1 lettuce
30 grams sugar
120 grams butter
Pepper to taste
Salt to taste

Heat three-fourths of the butter and brown the partridge. Meanwhile wash, peel and core the apples and slice them. Cook the apples with the sugar till they are just soft. In an oven-proof dish arrange the apple slices and place the partridge on top. Sprinkle the seasoning, add the bay leaf and spread the cream over the bird. Cook in a moderate oven for 30 minutes or until the partridge is tender. Sprinkle with the breadcrumbs and brown in the oven for 5 to 10 minutes before serving.

APPLE BAKE

15 medium apples, peeled, quartered and cored
1 cup sugar
2 tsps. cinnamon powder
1 tsp. nutmeg
½ tsp. powdered cloves
4 tbsps. butter
2 3 cup dark molasses
1 cup flour
1 tsp. baking powder
¼ tsp. salt
4 tbsps. butter or margarine
1 egg, lightly beaten
¼ cup cold milk
Heavy cream

Place apples in a large, buttered baking dish, 10 inches in diameter and 3 inches deep, sprinkling each layer with the sugar mixed with the spices, and dot with butter. Pour molasses over the apples. Bake in a preheated oven for 45 to 50 minutes, basting apples occasionally with their own juice. When apples are almost tender, combine flour, baking powder and salt. Cut in the butter and stir in egg and milk, making a soft biscuit dough. Remove apples from oven and drop the dough in spoonfuls around edge of the dish in a ring. Return to oven and bake for about 15 minutes, or until biscuits are baked and lightly browned. Serve hot with heavy cream.

COOKERY QUEEN

KUM KUM PANT, 56 APO

Mrs. Pant wins Rs. 100 for this month's best recipe plus a non-stick Tava from Trupti Industries, a cash prize of Rs. 101 from Weikfield and a Lifelong Food Warmer Popular model from Trading Engineers, New Delhi.

DOODH BADAS

FOR THE BADAS:

2 cups leftover rice
25 grams sugar, powdered
6 pistachios
5 almonds, blanched
2 cashewnuts
10 cardamoms, powdered
A little milk
Ghee for frying

FOR THE RABADI:

1½ litres milk
45 grams sugar
A pinch saffron
Rose essence
Silver varakh

FOR THE RABADI:

Soak the saffron in a tablespoon of warm milk. Boil the milk and reduce it to half its volume. Keep stirring. Add sugar and boil for a few minutes. Remove from fire and add the saffron solution and rose essence.

FOR THE BADAS:

Meanwhile, grind the rice finely, adding as little milk as possible. Chop the pistachios, almonds, and cashewnuts into small pieces. Moisten palm with water and take tablespoonful of rice paste. Form a ball, flatten and place bits of dry fruit and cardamom powder on it. Cover with another marble sized ball of rice. Close the ball, flatten slightly and smoothen the surface with moist fingers. Use all the rice paste in this manner. This will make ten badas. Heat ghee and fry the badas to a light golden brown. Do not stir initially as they tend to open.

Soak the badas in warm water for a minute. Squeeze them lightly. Arrange the badas in a shallow dish in a single layer. Pour warm rabadi over. Cool, decorate with remaining dry fruit and silver warakh. Serve cold.

Rediffusion/G/985

RECIPES FROM OUR READERS

Mrs. Gomati Lakshmanan, Tirupur.

DOSAI KHICHDI

10 leftover dosais
5 green chillis
1 red chilli
A pinch asafoetida
1 tsp. mustard seeds
2 tsps. black gram dal
10 small onions
1 lemon size ball tamarind
4 tbsps. cooking oil

Cut the dosais into two cm square pieces. Extract half cup of tamarind juice. Add one teaspoonful powdered salt to the juice and pour over the dosai bits. Mix well. Keep aside for 10 minutes. Heat oil in a dekchi, add mustard seeds. After they stop spluttering add black gram dal and fry for two seconds. Cut the chillis, onions and red chillis into small pieces. Add to the mustards seeds. Fry for a few seconds, add the dosai bits. Fry well till the bits are roasted to a golden brown. Serve piping hot with coconut chutney.

Miss Jayshree Somaiya, Bombay.

KHICHDI THEPLA ROLLS

FOR KHICHDI THEPLA :

1 cup leftover moong dal khichdi
3 cups wheat flour
½ bunch fenugreek leaves
1 tsp. turmeric powder
½ tsp. asafoetida
Salt to taste
1 tbsp. chilli powder
1 tbsp. coriander powder
2 tbsps. oil

FOR POTATO VEGETABLE:

250 grams potato
Salt to taste
1 tbsp. oil
½ tsp. turmeric powder
1 tsp. chilli powder
1 tsp. coriander powder
1 tsp. sugar
½ tsp. mustard seeds
½ tsp. cummin seeds
50 grams each cashewnuts and raisins

THEPLA:

Wash and cut fenugreek leaves. Add all the above mentioned masalas. Add the cooked khichdi, oil and wheat flour. Knead into a smooth dough with water. Roll out theplas evenly of three inch diameter and fry on medium heat with a little oil. Keep aside.

FOR THE CARROT PICKLE:

1 large carrot
Salt to taste
2 tbsps. mustard oil
6/8 cloves garlic
1 tsp. chilli powder
A pinch jaggery

POTATO VEGETABLE :

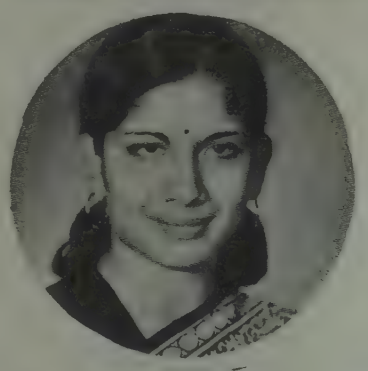
Wash the potatoes with the jackets. Slice thinly. Heat one tablespoon oil. Add mustard seeds, cummin seeds, cashewnuts and raisins and add the potatoes. salt and turmeric. Cover with lid and cook till done. Add chilli powder, coriander powder, and sugar. Remove from heat and cool.

CARROT PICKLE :

Slice carrot into two inch pieces thinly. Add salt and leave aside for 10 minutes. Remove excess water and add mustard oil, garlic, paste, jaggery and chilli powder. Now place some potato mixture on each thepla. Arrange carrot pieces in a line. Roll the thepla and bind with onion and beetroot rings.

WEEKLY WINNER

UMA CHANDRASEKHAR, Bangalore.



Uma wins Rs. 50 for this week's best recipe plus a 3-in-one Storefresh container from Trupti Industries, a gift hamper from Weikfield and a 1000 ml. Coconut Oil tin from KMP Oil Industries, Cochin.

GUAVA CURRY

3 ripe, but firm gauvas
3 onions
2 large tomatoes
Coriander leaves
3 tbsps. ghee or oil
Salt to taste
1 tsp. turmeric

GRIND TOGETHER:

1" piece ginger
2 tsps. cummin seeds
2 tsps. coriander seeds
2 dry red chillis
A pinch fenugreek
3 cloves
1 big cardamom
1" piece cinnamon

Halve the guavas and remove seeds. Drop in salted water. Add one cup water to the seeds and bring to boil. Drain and keep aside. Grate two onions and dice tomatoes. Heat 2 tbsps. of ghee and fry the grated onions and ground masala along with turmeric, till golden brown. Add diced tomatoes. Pour the drained water and add one more cup of water. Bring to a boil. Add salt. Cut guavas into long pieces and shallow fry lightly in little ghee. Add these to the gravy and cook for about 3 to 4 minutes. Slice the remaining onion into rings and fry them. Garnish with fried onion rings and coriander leaves.

COOKERY CONTEST ANNOUNCEMENT

New Scheme For The Monthly Cookery Queen Contest

All cookery contestants for the Monthly Cookery Queen Contest will have to send in their recipes — non-vegetarian or vegetarian according to the subjects specified for each month. We give below subjects for the coming —three months to enable you to send in your entries well in advance.

December, 1979
CAKES

January, 1980
FRESH FRUIT DESSERTS

February, 1980
DAL PREPARATIONS

All entries for December should reach us by November 5, January entries by December 5 and February entries by January 5, 1980.

COOKERY CONTESTANTS!

Revised Contest Rules

1. Each recipe must be accompanied by this coupon.

2. The author of each selected entry will be informed in advance and requested to send a passport size photograph of herself to be published along with her recipe.

3. The recipe must be original and not copied from a cookery book, a magazine of any other published material The prize-winner shall have to sign a declaration to that effect before the announcement is made and the prize awarded.

Address your entries to the Cookery Editor, EVE'S WEEKLY, Bombay Samachar Marg, Bombay—400 023.

Totally different LIRIL. Rippled green with the exciting freshness of limes. Tangy, tingling LIRIL ...makes a fresh new woman of you.

Liril

THE FRESHNESS SOAP **with the exciting freshness of limes**

LIRIL/A/...R-27-3023

A Quality Product by HINDUSTAN LEVER

POPPETS ON PARADE

TRAIN UP A CHILD
IN THE WAY HE SHOULD GO; AND WHEN HE
IS OLD HE WILL NOT DEPART FROM IT.

Proverbs

ROOPA CHOWDHARY,
Age: 1 year

SAIF AHMED, Bangalore
Age: 8 months

JUBIN JACOB, Quilon
Age: 2 years 8 months

DHEERAJ KHANNA, Kanpur
Age: 2½ years

RASHNA S. DITTIA, Secunderabad
Age: 1½ years
LEFT: MALLIKA GANGULI, Calcutta
Age: 2 years, 2 months

SHAAD, Secunderabad
Age: 7½ months

BELOW: VIJAI, Vishakapatnam
Age: 16 months

FROM THE START
Amulspray—India's most popular baby food

More mothers using baby food, choose Amulspray, than any other baby food. Because Amulspray is

● perfectly balanced ● vitamin-enriched
● easy-to-digest ● dissolves easily

Breast-feeding is Natural...
Remember, mother's milk is by far the best for baby. It is extremely difficult to substitute for breast milk.

All mothers, therefore, should feed their infants at the breast as long as the quantity of milk remains adequate.

However, if your breast milk is not sufficient for baby, start him on Amulspray.

Amulspray starts the growth only Balamul helps continue

3rd MONTH ONWARDS Balamul as well

No other solid food is good enough for your Amulspray baby.

Why a specially prepared, balanced, solid food after 3 months?
Because your baby is growing so fast! He doubles his birth weight in 6 months—his brain is 80% developed by three years. Milk alone is not enough. Your baby needs proteins, vitamins and minerals in a balanced form: that only Balamul ideally provides.

Balamul—specially created for the Indian baby
Balamul has been specially formulated with the help of the Central Food Technological Research Institute, Mysore and tested at the Christian Medical College, Vellore!

Balamul—more nutrition, more value
- at least 25% more protein than other branded cereal foods
- more calcium, Vitamin A and C
- fortified with balanced quantities of fat, iron and Vitamin B Complex
- pre-cooked in milk. Easy-to-digest
- delicious, mixes easily with: dal, mashed fruits, puddings

Balamul gives TWICE the value for your money than any other branded cereal foods

ASP/AB-5/79

FREE Informative Amul Baby Book and Balamul Growth Record Booklet in English. Baby Book also in Hindi, Marathi, Gujarati, Bengali, Tamil, Telugu and Malayalam. Write to Post Box No. 10124 Bombay 400 001 with your complete address and Re. 1.00 postage stamps.

Marketed by:
Gujarat Cooperative Milk Marketing Federation Limited, Anand.

VAIDEHI VARADARAJAN, Bombay
Age: 1 year

FARAZ JAVED, Cochin
Age: 11 months

POPPETS ON PARADE

Make the child's first lesson obedience, and his second lesson can be what thou wilt.

Benjamin Franklin

RAJESH AND ANIL D'MELLO, Vasai
Age: 10 years and 9 years

SATYAN SHARMA, Bombay
Age: 1½ years

AMITABH THARD
Age: 10 months

TINA CHOWDHARY, Delhi
Age: 2 years 9 months
EXT. LEFT: PRIYA DARSHINI, Bombay
Age: 3½ years
LEFT: RADHIKA SETHI, Bangalore
Age: 1½ years

WIN Rs. 35,000 IN CASH AND GIFTS

Eve's Weekly is pleased to announce that it will hold in association with **Shri Ambica Mills** an All-India Beauty Contest with Fashion Pageant to select **Miss Young India** for **Miss Young International 1980,** sponsored by Kokusai Bunka Kyokai (International Cultural Association) with the co-operation of The Ministry of Foreign Affairs, Japan.

Regional Beauty Contests and Fashion Festivals will be held at Bangalore, Madras, Hyderabad, Calcutta, Delhi and Ahmedabad between November 1 and December 5, 1979 to be followed by the Bombay Regional Contest and the All-India Contest and Fashion Pageant at Bombay, on December 11 and 12, respectively. In addition, Fashion Pageants will also be held at Cochin, Kanpur, Amritsar and Baroda.

Regional Contests will be known as **Ambiprincess** Contests. Miss Young India will be selected at a function in Bombay from among the seven Ambiprincesses and will be provided a free return air passage to Japan, to appear in the Miss Young International Contest. Miss Young International will receive a cash prize of one million Japanese Yen and a Trophy.

PRIZES

Winner of Miss Young India title Rs. 2,000 plus gifts, and Runners-up Rs. 1,000 plus gifts. Winners of Ambiprincess title, Rs. 500 each, plus gifts. And gifts to Runners-up.

GIFTS

The Gifts offered include TV sets, Refrigerators, Cooking Ranges, Sewing Machines, Stereo Amplifiers and Cosmetics.

ESSENTIAL CONDITIONS

1. The applicant must be an unmarried girl of Indian nationality. She should be between 15-20 years of age.
2. She should be prepared, if selected Ambiprincess, to come to Bombay for the All-India Contest and to appear in a one-piece swim-suit. The Sponsors will provide free passage and accommodation at **Oberoi-Towers.** If selected Miss Young India she should be prepared to go for the Miss Young International Contest, where she will have to abide by its rules and regulations. Fill in the Entry Form alongside, and send it in immediately.

Miss Young India and her Runner-up will receive a fabulous wardrobe from SHRI AMBICA

Shri Ambica Mills

Eve's Weekly

IN ASSOCIATION WITH

Shri Ambica Mills

SPONSOR

Ambiprincess CONTEST

TO SELECT

Miss Young India

FOR

MISS YOUNG INTERNATIONAL 1980

ALSO

AMBISCOPE

FASHION SHOWS

REGIONAL ENTRY FORM (MISS YOUNG INDIA)

(PLEASE WRITE IN BLOCK LETTERS)

FULL NAME OF CONTESTANT :

ADDRESS :

TELEPHONE NO:

DATE OF BIRTH : **PLACE OF BIRTH :**

OCCUPATION : **EDUCATION :**

AMBITION : **NATIONALITY :**

HEIGHT : **WEIGHT :** **BUST :** **WAIST :**

HIPS: **NO. OF PHOTOGRAPHS ENCLOSED:**

I promise to abide by all the contest rules. I am single. My parent/guardian has no objection to my entering the contest. My photographs can be published anywhere in connection with the contest. The decision of the judges will be final and binding on me. I would like to enter the contest in Bangalore/Madras/Hyderabad/Calcutta/Delhi/Ahmedabad/Bombay. (Strike off the places not required).

Signature of Parent/Guardian

Signature of Contestant

ENTRIES CLOSE ON 26th OCTOBER

EVE'S WEEKLY LTD. BOMBAY SAMACHAR MARG BOMBAY-23

WIN Rs. 35,000 IN CASH AND GIFTS

Eve's Weekly is pleased to announce that it will hold in association with **Shri Ambica Mills** an All-India Beauty Contest with Fashion Pageant to select **Miss India for Miss International 1980,** sponsored by Kokusai Bunka Kyokai (International Cultural Association) with the co-operation of the Ministry of Foreign Affairs, Japan.

Regional Beauty Contests and Fashion Festivals will be held at Bangalore, Madras, Hyderabad, Calcutta, Delhi and Ahmedabad between November 1 and December 5, 1979 to be followed by the Bombay Regional Contest and the All-India Contest and Fashion Pageant at Bombay on December 11 and 12, respectively. In addition, Fashion Pageants will also be held at Cochin, Kanpur, Amritsar and Baroda.

Regional Contests will be known as **Ambiqueen** Contests. Miss India will be selected at a function in Bombay from among the seven Ambiqueens and will be provided a free return air passage to Japan, by courtesy of **Air India,** to appear in the Miss International Contest. Miss International will receive a cash prize of U.S. $10,000 and a Trophy.

PRIZES

Winner of Miss India title Rs. 3,000 plus gifts, and Runner-up Rs. 1,000 plus gifts. Winners of Ambiqueen title, Rs. 500 each, plus gifts. And gifts to Runners-up.

GIFTS

The Gifts offered include TV sets, Refrigerators, Cooking Ranges, Sewing Machines, Stereo Amplifiers and Cosmetics.

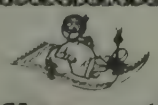
ESSENTIAL CONDITIONS

1. The applicant must be an unmarried girl of Indian nationality. She should be between 18-23 years of age.

2. She should be prepared, if selected **Ambiqueen,** to come to Bombay for the All-India Contest and to appear In a one-piece swim-suit. The Sponsors will provide free passage and accommodation at **Oberoi-Towers.** If selected Miss India she should be prepared to go for the Miss International Contest, where she will have to abide by its rules and regulations. Fill in the Entry Form alongside, and send it in immediately.

Miss India and her Runner-up will receive a fabulous wardrobe from SHRI AMBICA

Shri Ambica Mills



AIR INDIA

eve weekly

IN ASSOCIATION WITH

Shri Ambica Mills

SPONSOR

Ambiqueen CONTEST

TO SELECT

MISS INDIA

FOR

MISS INTERNATIONAL 1980

ALSO

AMBISCOPE

FASHION SHOW

REGIONAL ENTRY FORM (MISS INDIA)

(PLEASE WRITE IN BLOCK LETTERS)

FULL NAME OF CONTESTANT :

ADDRESS :

TELEPHONE NO:

DATE OF BIRTH : PLACE OF BIRTH :

OCCUPATION : EDUCATION :

AMBITION : NATIONALITY :

HEIGHT : WEIGHT : BUST : WAIST :

HIPS: NO. OF PHOTOGRAPHS ENCLOSED:

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Signature of Parent/Guardian Signature of Contestant

ENTRIES CLOSE ON 26th OCTOBER

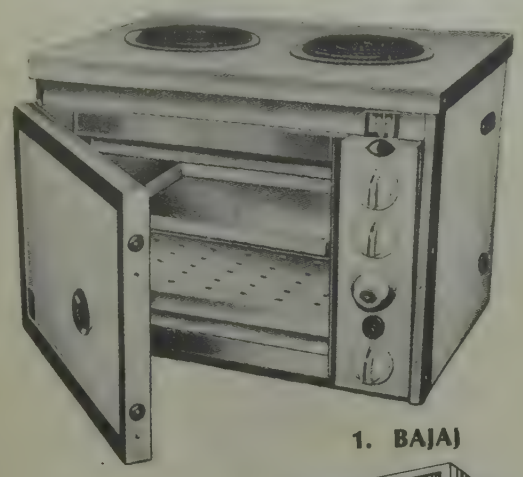
EVE'S WEEKLY LTD. BOMBAY SAMACHAR MARG BOMBAY-23

eve weekly / Shri Ambica Mills

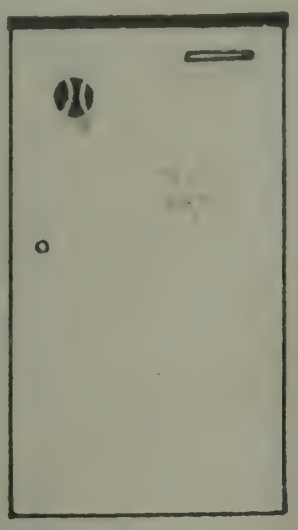
MISS INDIA CONTESTANTS

ALL THESE GIFTS PLUS CASH! NO OTHER BEAUTY CONTEST IN INDIA OFFERS SO MUCH!

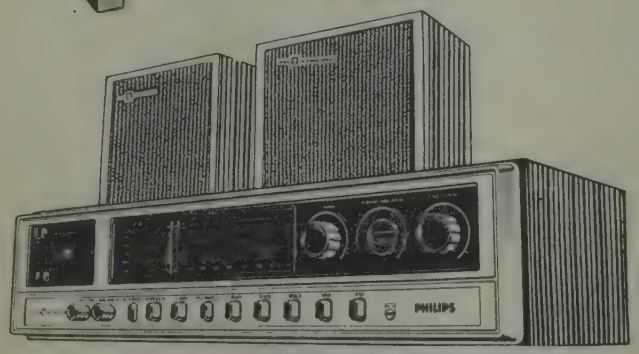
MISS INDIA



1. BAJAJ



2. ZENITH



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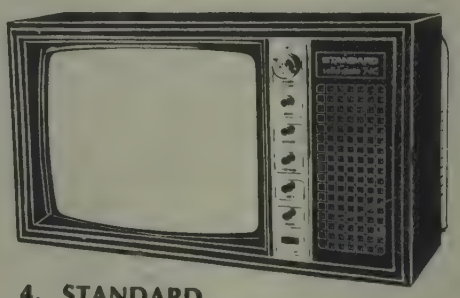
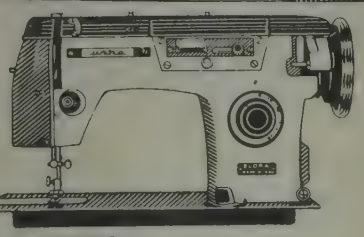
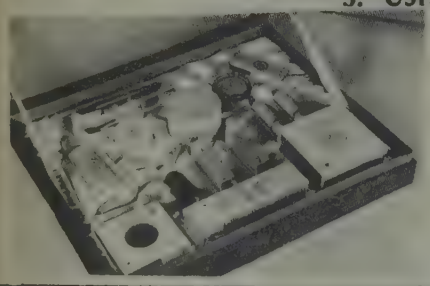


4. STANDARD



5. USHA



A. MAX FACTOR.

1. Bajaj Senior Cooking Range — Table Model
2. Zenith Refrigerator — 165 Litres from Fedders Lloyd
3. Philips Tuner Amplifier Radio with Record Player
4. Standard TV — Loksathi — 51 cms
5. Usha Flora Sewing Machine
6. Bajaj Midi-Mix
7. Philips Hi-Q-International Stereo Systems
8. Bajaj Junior Deluxe Mixers
9. Philips Pioneer Transistors
10. Usha Continental Export Variety Sewing Machine
11. Usha Coronet Table Fan

A. Lavish Cosmetics Hampers from Max Factor

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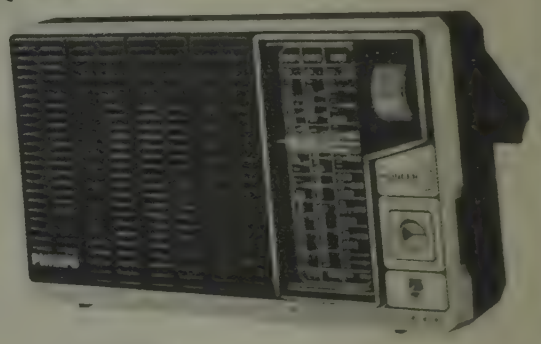
MISS INDIA RUNNERS-UP

6. BAJAJ

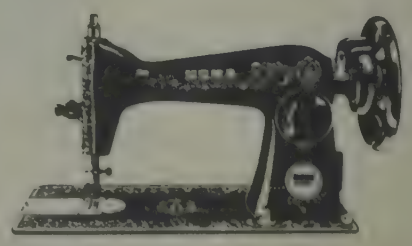
7. PHILIPS HI-Q-INTERNATIONAL STEREO SYSTEMS

AMBIQUEENS



9. PHILIPS

8. BAJAJ



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11. USHA

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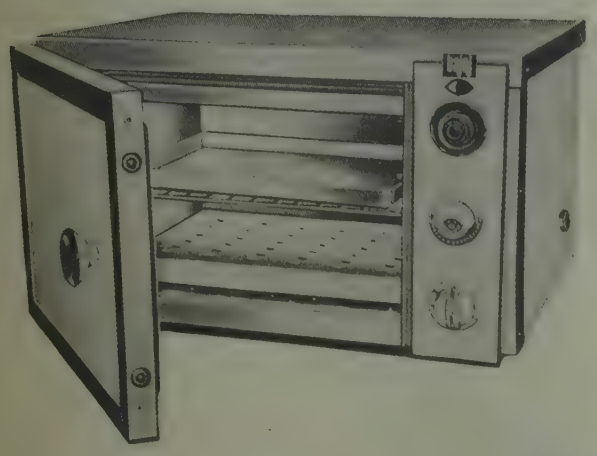

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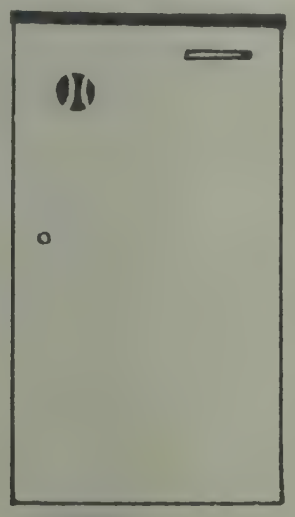

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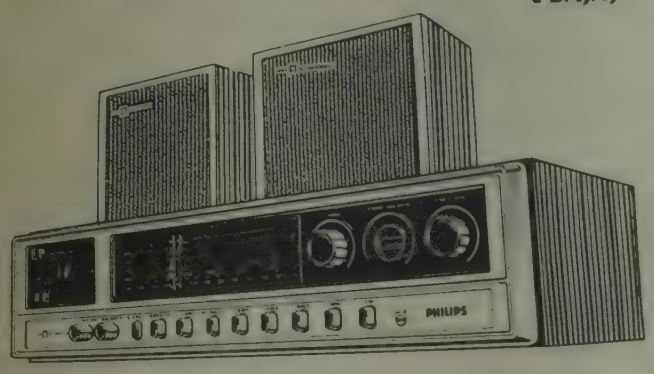

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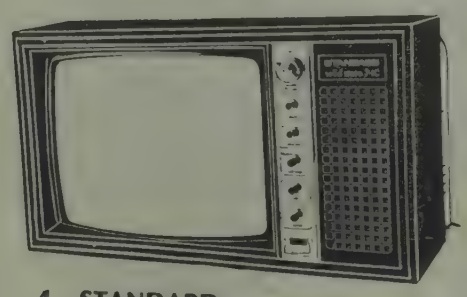
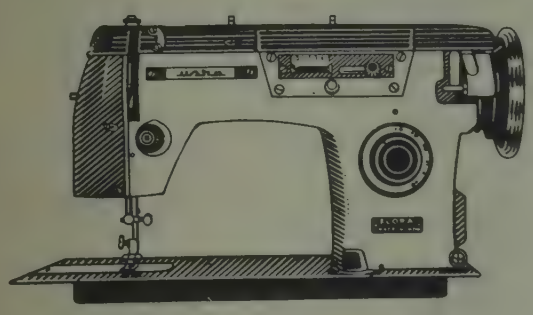


4. STANDARD

MISS YOUNG INDIA RUNNERS-UP

6. BAJAJ

7. PHILIPS HI-Q-INTERNATIONAL STEREO SYSTEMS



5. USHA

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2. Zenith Refrigerator — 165 Litres from Fedders Lloyd
3. Philips Tuner Amplifier Radio with Record Player
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5. Usha Flora Sewing Machine
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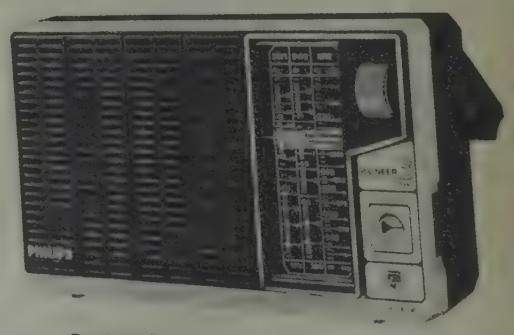
8. Bajaj Junior Deluxe Mixers
9. Philips Pioneer Transistors
10. Usha Continental Export Variety Sewing Machine
11. Usha Coronet Table Fan

Also : Lavish Cosmetics Hampers from Max Factor

AMBIPRINCESSES

8. BAJAJ



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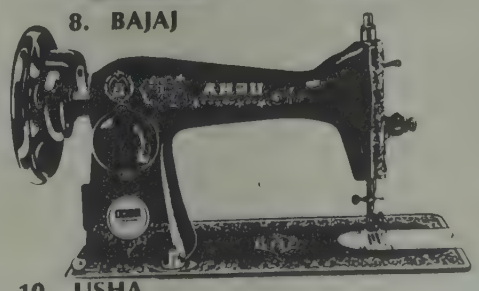
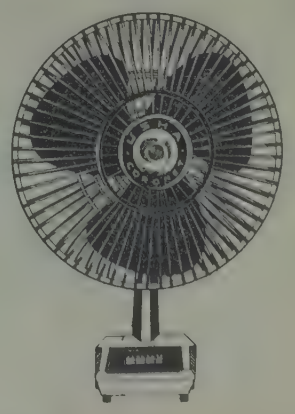


10. USHA

AMBIPRINCESSES RUNNERS-UP



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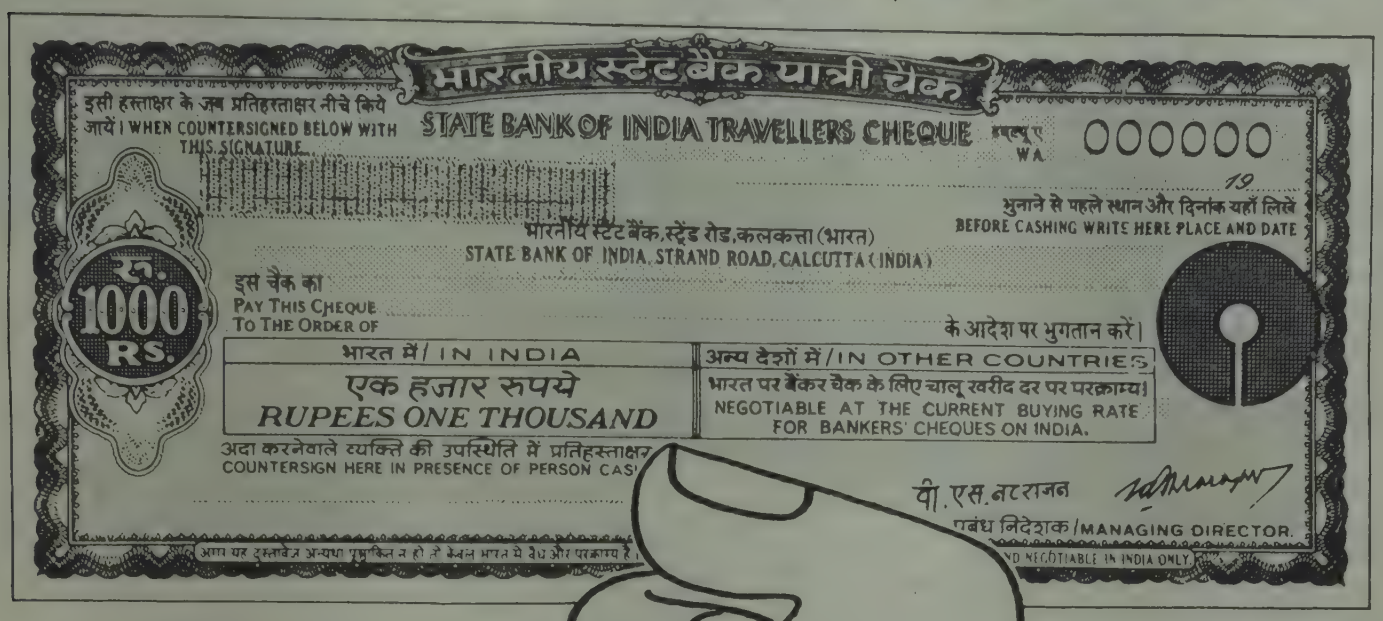
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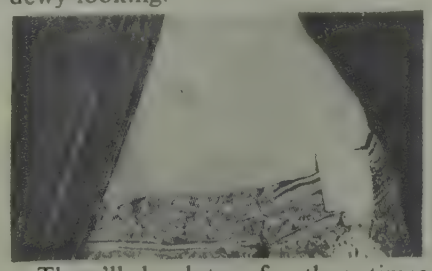
You ask for that raise. (Why didn't someone tell you it was so easy?) Decide on those new slip covers. Go on a diet. Embark on a beauty plan. Lately you've noticed little dry skin lines. Can it be? Is it possible that you could begin to look older this soon? This young?

Welcome to the club...all those motivated women from different parts of the world who've discovered the secret of a mysterious beauty fluid that creates a moist climate for your skin, easing dryness to help you look younger. The fluid is known as manneQuin's Vitamin E Skin Oil, it has as incredible following. Perhaps someone you know has already told you about it.

Just gentle the lovely liquid on your face and throat. Vitamin E Skin Oil disappears amazingly quickly, penetrating your skin with an abundance of pure moisture, tropical oil and precious emmolients. How soon can you see the benefits? Almost at once. Your skin feels velvet-soft and can look alive again with the brightness you've been missing. Those little lines you've begin to notice can be less visible, and as you may imagine, that can help you look younger. Chances are others will notice the change too, so don't be surprised if the man who matters tell you that you're looking especially terrific.

Most manneQuin's Vitamin E Skin Oil lovers wouldn't dream of letting a day go by without using the beauty fluid at least twice. Sleeking on Vitamin E Skin Oil before you go to bed is a joy because it disappears into your skin quickly, leaving nothing but a pretty glow (that's how lovely it is) and an invisible misting to cherish your skin into the quiet night.

In the morning, stroke on the beauty fluid again for a complexion that's silkened and smoothed for makeup, so cosmetics glide on beautifully after mere moments. Feel like skipping the makeup routine for a day or so? All you need is Vitamin E Skin Oil to be fresh-faced and dewy-looking.



There'll be lots of other times your skin will crave the pampering touch of Vitamin E Skin Oil. Whenever harsh weather, too many soapings, overheated or overly air-conditioned rooms make your skin feel dry, why not raise its moisture level by letting the beauty fluid create your own misty climate.

See for yourself. Now that there's a man you'd like to look younger for, manneQuin's Vitamin E Skin Oil could be a very helpful friend to have.

Beauty Secrets

When you notice those first little laugh lines, give them special attention. Dryness can make them show more, so dab on extra Vitamin E whenever the thought occurs.

* * *

When you've discovered Vitamin E, you won't want a single drop to go to waste. After you've smoothed the beauty fluid on your face and throat, massage your elbows with Vitamin E. You may not see that particular dry area, but others certainly do.

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INTER - COMMUNICATIONS /R P C/334

JUVENILE COURTS:

touching only the fringe of the problem

CARELESSNESS AND CALLOUSNESS ON THE PART OF ADULTS OFTEN LEAD CHILDREN TO CRIMINAL WAYS

B. Mukherjee

Missing children, unwanted ones or the uncared for, the misled or the mishandled, all categories of children can seek shelter or redress in a dilapidated building on Lower Circular Road, Calcutta. On the right side, an equally weather-beaten signboard informs that one has arrived at the Juvenile Court. The court-room in the central hall houses the judge, the jury and the defendant — a puny, emaciated boy in shreds accompanied by a nagging, vociferous mother standing at the dock. The proceedings are open neither to the press nor to the public.

However, the staff and the officials seemed quite concerned about the problem of juvenile crime which is progressively on the increase among the poverty-stricken, below-subsistence level mass of humanity, and they were also very keen that the public be made more aware of the fact in this International Year of the Child. Though most of them are not directly involved with the accused, they have picked up enough knowledge of the ways of children and the callousness of elders which leads them to crime.

One such gentleman is Mr. Bimal Sirkar, a clerk attached to the Court for 20 years. In the course of his work, he has come across umpteen cases which, though he cannot divulge outright, he indirectly refers to in his discussion. He is of the opinion that one of the major factors responsible for juvenile crime is an untimely knowledge of the seamy side of life brought to them by the many easily available media. Since children are no saints, this knowledge leads to identification and imitation.

Social, economic and psychological factors form a fertile ground for juvenile delinquency. Lack of accommodation causes close proximity to adults which exposes the children to the abnormalities of adult behaviour. Adult irrationality, irresponsibility of behaviour and loose talk make children vulnerable to crime.

Then among upper middle-class families adults are often extreme both in their affection and in their indifference. Badal, for instance, is a typical product of this environment. He belongs to an affluent upper middle-class family which consists of an overbearing but doting grandmother, a nincompoop of a father, and a rather docile, colourless mother. As the grandmother dominated the household, the mother was denied any positive role in the care of the children, particularly the son. Gradually, Badal manifested the symptoms of a problem child. He stole money, terrorised his sisters and started beating his mother. The grandmother reacted by bribing and spoiling him, the father refused to admit the gravity of the problem and the mother became more withdrawn than ever. Soon matters reached a stage where Badal was brought as an accused to the Children's Court. The deft handling by the judge helped to discover the root of the problem. The timidity and impotence of the mother had been interpreted as indifference by the son and delinquency became the expression of his protest and attempt to attract his mother's attention.

Sometimes parents dote on their children so much that they refuse to believe even their own eyes. This is the case in a majority of sex problems. The refusal to face and deal with the truth encourages the children. Meera was 15 and Rajat 17 when they secretly got married in the Kalighat temple, hired a room and lived together for a few days. Then the frightened boy ran away. The girl inevitably landed in the police station. The police in their turn handed her over to the Children's Court. Luckily, the frankness of youth makes children candid in admitting and defending their misdeeds. The case was simple enough. Meera's parents were contacted and she was restored to them. This could have been avoided had Meera's mother paid greater heed to the warnings of a neighbour. This is why so many sex crimes and rape at the ages of thirteen and fourteen are brought before the court.

The other side of the picture is the deliberate exploitation of children by adults. Starting with simple cases of stealing and pilferage at the instigation of parents, it leads to crimes like stealing, cheating, smuggling and blackmarketing cinema tickets, in which children are found useful by organised gangs. As children can get away with less rigorous punishment when caught, gangsters are making increased use of them, particularly in transporting illicit liquor. The chief allure of these criminal activities is the ready money involved. Hence the delinquents tend to come back to the gang the moment they are set free from the reformatories.

Similarly, young girls are exploited for prostitution. The main cause is poverty. Often encouragement is provided by the parents themselves or other members of the family. Touts and agents hunt remote villages for girls, who are brought to the city with promises of jobs and are started on the trade with the knowledge and consent of parents.

Savitri, thanks to the alertness of the police and the help of the Court, was saved from such a pitfall. She was lured away from her home in Orissa by a boy who compelled her to live with him as man and wife for some time. On being ditched, she came to Calcutta and landed in a red-light area. An agent, sensing her complete innocence, was about to grab her when the experienced eyes of a policeman was able to save her in time and bring her to the Rescue Home. She was then presented to the Court for trial. She desperately wanted to go back home, but she had no money for the railway fare. The poor girl, with tears trickling down her cheeks, could only offer her nose-stud for the price of a ticket. The judge and jury took pity because of her genuine helplessness, contributed towards the fare and safely despatched her home.

Parental discord, maladjustment at home, poor discipline and lack of love are acknowledged causes of delinquency. The magistrate who is a bureaucrat of the WBCS cadre has to acquire considerable knowledge of psychology and sociology if he is to do justice to his role. He has to conduct the trial and decide the punishment for the exploited and vulnerable young unfortified by knowledge and experience. His is not only the role of a stern law-giver. What the children need is a benign father substitute, a trusted and understanding, yet firm, friend. His willingness to help, his intelligent analysis and wise judgement are the tools of his trade which enable him to deliver these unfortunate members of society from the tentacles of a criminal career.

The Court was established in the early twenties with the lofty motive of checking and eradicating crime among children at the very source by catching them young and keeping them away from seasoned criminals in prisons for adults. Predictably, it has been able to touch only the fringe of the problem. The Children's Act is yet to come into force in the State.

When a delinquent is caught, he is sent to a Reception Home to await trial. The punishment is graded according to the seriousness of the offence. The very simple ones are dismissed after admonition, mainly to the parents who are held to be primarily responsible. Those who need correction are assigned to probation of two or three years for emotional and psychological rehabilitation. This is preferably undertaken by parents at home under periodical checking and the supervision of Probationary Officers.

The Children's Homes, Moral Danger Home or Reformatories are mainly responsible for reforming and rehabilitating juvenile delinquents, but they are much too inadequate. Moreover, they are under the control of the Social Welfare Department which fails to coordinate their activities and carry out proper supervision. The Rescue Homes tell too many sad tales. Theirs is the responsibility for remoulding and transforming these unfortunate children with sincere care and a sense of social responsibility. But that requires a lot of commitment and generous funds which are woefully lacking Hence the large scale juvenile crimes in all our cities.

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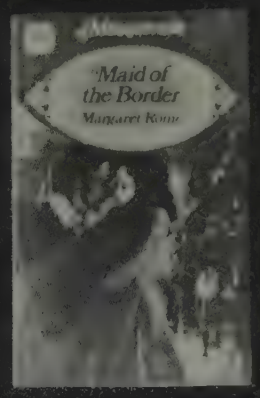

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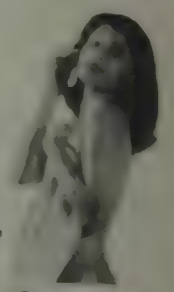

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KNOW HIS INTENTION

While my father was in the hospital I made friends with a house surgeon. I have been out with him a couple of times and have not gone beyond kissing. I am a Catholic and he comes from an orthodox Hindu family. Although he is very nice to me, I am worried that his intentions may not be serious. How can I be sure?

Since your friend comes from an orthodox Hindu family, you will have to give a serious thought to this relationship. In such families social mixing between a boy and a girl is restricted, also customs and traditions are firmly embedded. Usually parents from such background arrange marriages within their own cast and community. Boys brought up in such traditions, even if highly educated, rarely oppose their parents.

It is likely that your friendly behaviour is misunderstood by this man. You would therefore be wise and find out his intentions by discreet questioning. Even if he does marry you, despite family opposition, it might be difficult to adjust to the new customs and there is the hostility of his relatives. Breaking away at this stage would not be painful and it might avoid future unhappiness.

On the other hand, it is possible that he wishes to strike out on his own in which case the problems mentioned might be minimised.

FIND OUT THE CAUSE

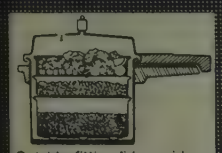
HE IS JEALOUS

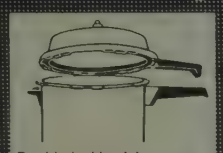
We've been engaged for a year and now I have started feeling very uncertain. I find my fiance is a very jealous person and anything I do seems to make him angry. What should I do?

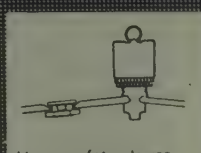
Jealous people are usually insecure people. If a man has a proper estimation of himself, belives in his own worth as a human being, and respects others, he is far less likely to be afflicted with a jealous nature. If on the other hand, he basically dislikes himself and hence other people — and its amazing how many individuals do dislike themselves — then he will probably be prone to jealous feelings and behaviour. If yours is an arranged match, it would be wise on your part and that of your parents to seriously reconsider the decision for marriage. If he is truly jealous of you and you feel you will not be able to cope with it, you may be fighting a losing battle. On the other hand, if he is keen that you are attentive only to him, then you can try your best to please him a little more. It is possible that you may be giving cause to these jealous outbursts. For example, you may be ignoring him when you are among friends. If yours is a love match, you must have known the habits of your fiance earlier. Again you must think whether your behaviour is causing the sudden fits of anger and jealously, and try to correct it.

To conclude, the success or failure of a marriage to a jealous husband depends entirely on the extent to which the wife is prepared to accept her husband's behaviour. If she truly loves him, it is possible that by constant love and understanding she can wipe out his jealous fears. In fact, the wife is actually giving him the emotional support denied to him as a child.

8 reasons why...


Outside-fitting lid provides maximum cooking space – with or without separators; for greater fuel economy.


Double locking lid ensures cooker cannot be opened while there is pressure Safe and easy to use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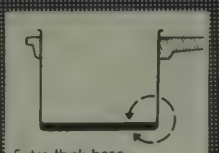
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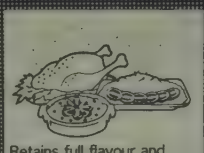
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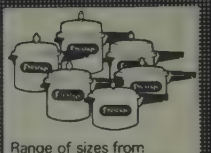
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DABBOO
THE OFFICIAL JOKER

Vijaya Irani

The set was steaming with the typical Bombay summer heat outside. And to this was added the heat engendered by the 8-10 musclemen fighting hero Dabboo, who was supposed to knock them down in one camera-shot! Perspiration streamed from his pink face and his shirt clung to him as he walked over to where I was, breathing heavily: the one-shot scene took half-a-dozen retakes.

"See, how we work," Dabboo remarked. "We slog, shed honest sweat in this heat and discomfort, and then get abused by you press people sitting in air-conditioned offices on cushioned chairs and getting paid just for abusing us!" His good-natured grin took the edge off what was plainly intended to be a reflection on journalists in general. He stretched out, looking very tired and in need of rest. It was lunch-break and we trekked over to a nice cool room of the new Seth Studio, where he got both his breath and his humour back.

A good thing too, for he brought up the topic of the rumours flying around about his home life, before I could get round to asking him, and this made my task so much easier.

Photograph : Girish Shukla

"It's all bullshit that my wife Babita wants to get back to films and that she is making a wreck of herself on that account. This was what appeared somewhere and it doesn't mean a thing. After all these years, all that they can think of saying is, my wife wants to work! Bull!" he said again, to emphasize that it wasn't true.

Like I said, I didn't need to ask him the next question, he gave me the answer himself, "Then they write about my affairs.What affairs? I'd really, honestly like to start an affair with any of my leading ladies, but they think I am some kind of a joker. If I start throwing lines at my co-stars, they begin to laugh. That's my reputation."

I could see what he meant by this, because en route to this place where we were sitting, we had met Jeetendra and a couple of other friends. Jeetu was telling us a particular joke Dabboo had spun out at one of his parties. . . and he ended by saying that his wife Shobha always tells him to call Dabboo for their parties for all the terrific fun he creates when he is there. Dabboo, looking a little peeved, had said, "Yeah, you've just titled me the official joker at your parties. Thanks!"

"So, how on earth do you think I can have an affair when the girls think I am a joke? And then they say I have something going with Prema Narayan. That I was seen with her on the lawns of a studio. Do you think I would do anything with her openly on a lawn, aren't there better places?"

Dabboo has violated his self-imposed resolution of no drinking and eating less which had trimmed him down to half his old size this year. He admits to having late nights, rather, early mornings, if you go by the time he comes home from parties or sittings. He confesses to weaknesses which other male stars wouldn't dare to talk of — like the fair sex. ("If I see Liz Taylor I'd sure as hell want her sitting on my lap!" is a famous saying). But hovering above all these flippant statements remains one solid fact — that his home life with wife and daughter is happy and intact despite rumours to the contrary.

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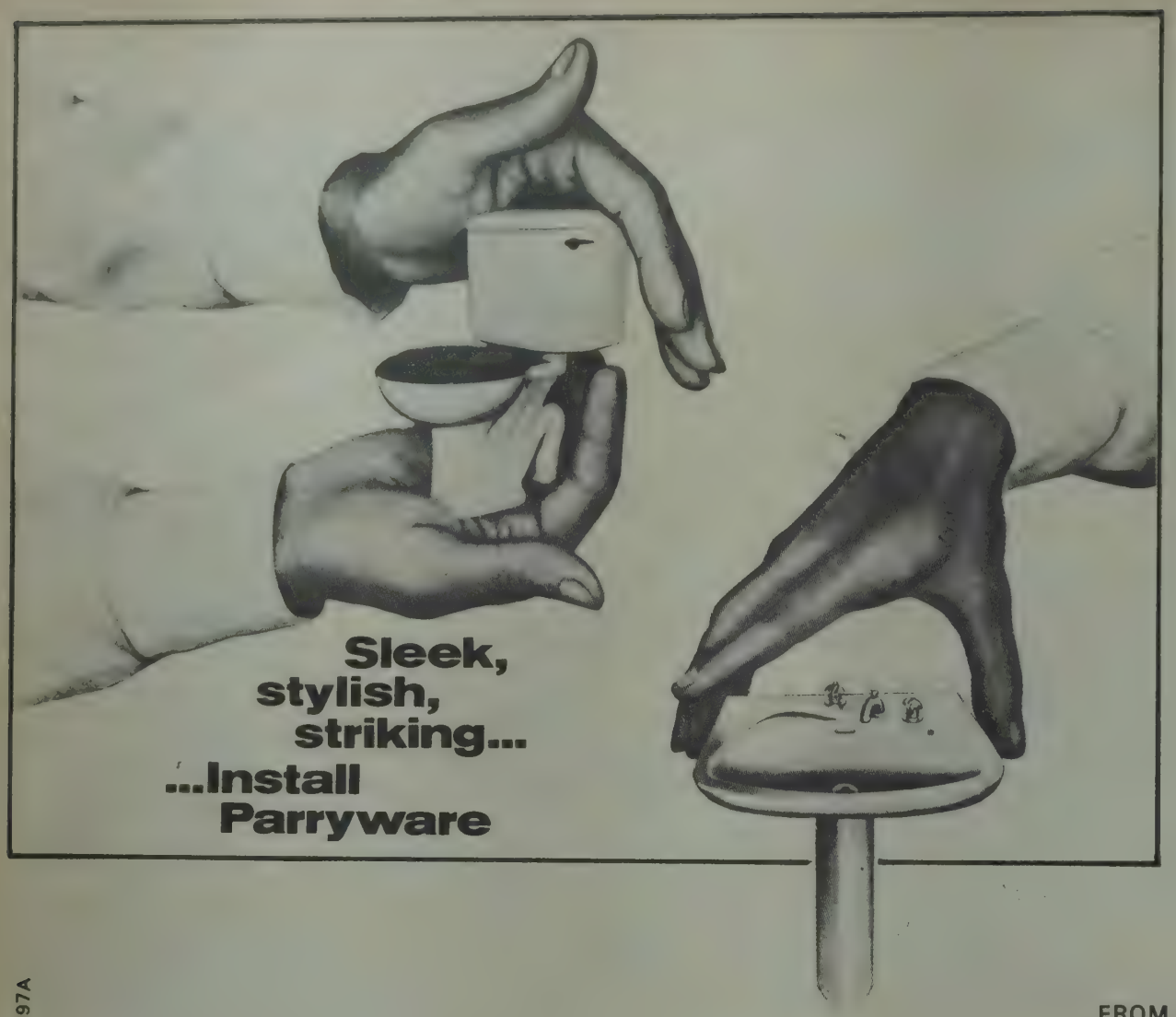

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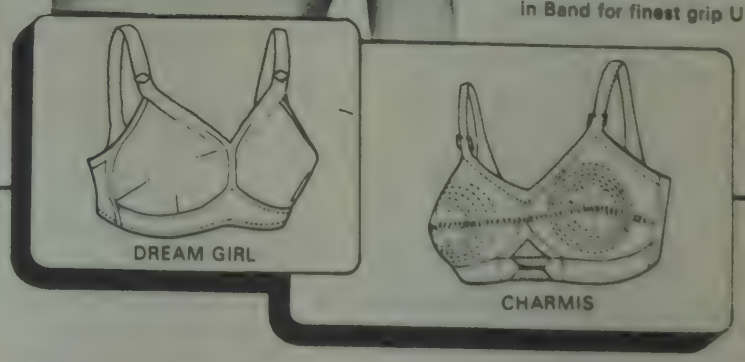

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WOMEN IN SPORT

Our sportswomen need and deserve more attention and encouragement than they get. We do our bit on this page.

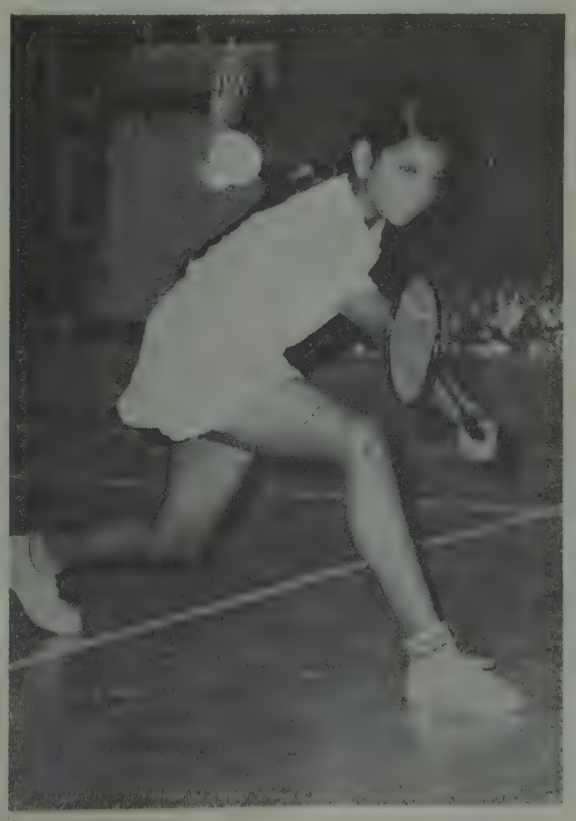
A fine bit of pedalling in Sri Lanka and a feat of five titles at the State Badminton Championships were the stray achievements Indian women could boast of in September

Shirish Nadkarni

It was a generally somnolent period for women's sport on the domestic scene, with no major national championship in progress, and no representative international tournament in which Indian women took part. The salient features of the month were a fine bit of pedalling at the Sri Lanka national cycling championships by Indian champion Minoti Mahapatra of Orissa, an unprecedented feat of five titles at the Maharashtra State Badminton Championships by sub-junior Radhika Bose; and the magnificent achievement of 16-year-old Tracy Austin at the U.S. Open Tennis Championships.

Tracy's performance really overshadowed everything else in woman's sport that September had to offer. The slightly built baseliner proved herself to be the most improved player of 1979 by silencing both the "big guns" of women's tennis — Wimbledon champion Martina Navratilova, and four-times U.S. champion Chris Ever-Lloyd, who was seeking her fifth consecutive U.S. Open title.

Not since the days of Maureen ("Little Mo") Connolly, has such a young player won the stellar American championship. Tracy went one-up even on the legendary Little Mo, by being about three months younger than the latter at the time of winning the crown. Maureen was just three weeks away from her seventeenth birthday, while Tracy will turn seventeen only in December this year.



And to think that the American schoolgirl almost went out at the pre-quarter-final stage itself. She had to struggle for more than two and a half hours against 19-year-old U.S. collegiate champion, Kathy Jordan, before gaining the day with a 4-6, 6-1, 7-6 verdict. Tracy's laborious performance was in sharp contrast to the almost clinical efficiency of Chris, who crushed one of tennis' all-time legends, Billie Jean King for the loss of just one solitary game conceded at the start of the match.

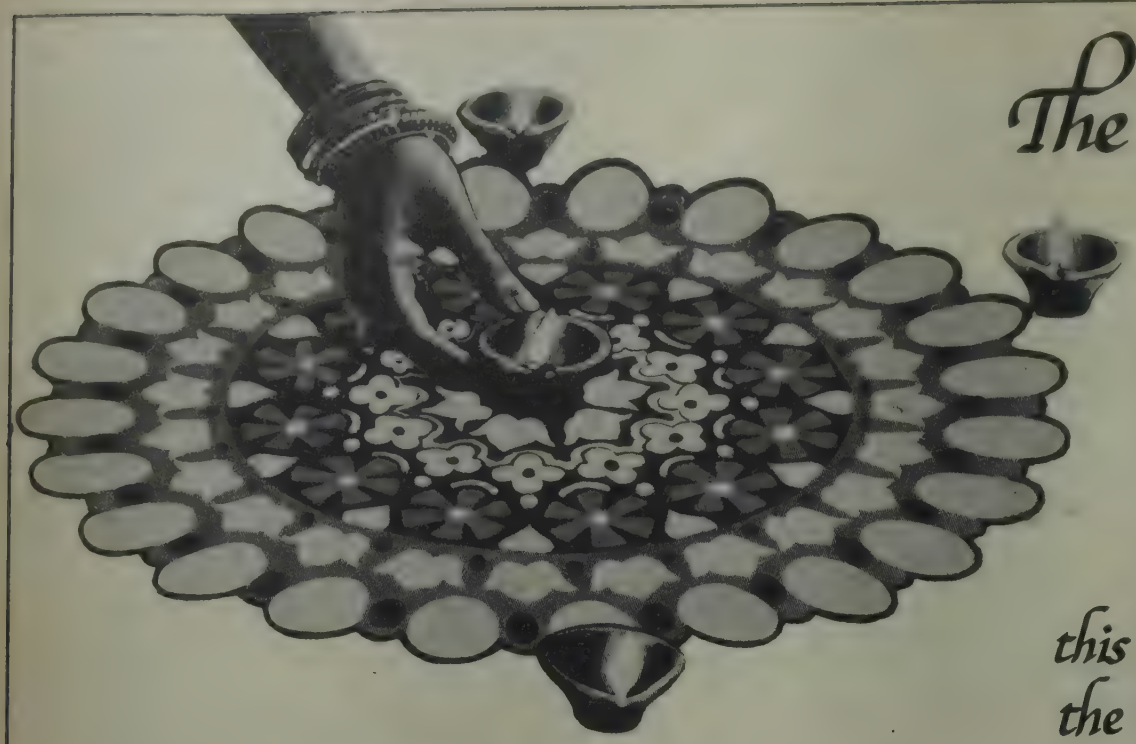
West German Sylvia Hanika did not pose all that many problems to Tracy in the next round, but then came the semi-finals against Martina, winner at Wimbledon for the last two consecutive years. The turning point in the match came in the eleventh game of the first set. With the rivals locked at 5-all, Tracy went 0-40 down on service. Shrugging off memories of the Wimbledon semi-final which she had lost to the Czech star, Tracy pulled off five points in a row, and never looked back. Her 7-5, 7-5 win over Martina made her win-loss score against that player, 5-11. But it is significant to note that on the last two occasions that the two have met, Tracy has emerged on top.

Tracy perhaps drew inspiration from John McEnroe, who blasted defending champion Jimmy Connors, an older and more experienced player. Youth went at full tilt as Tracy, throwing caution to the winds, went for the sidelines with a vengeance against Chrissie, who had a streak of 31 uninterrupted wins in four years at the U.S. Open. Tracy's deep and accurate ground strokes were ironically fashioned from Chris' own arsenal; and in the slugging duel, it was "Little Miss Icicle" who made the more mistakes, to leave the tiny teenager, a winner by a 6-4, 6-3 margin.

Tennis fans will recall that Martina was upset last year also by a teenager — sixteen-year-old Pam Shriver who had beaten her in both sets on

Above. Tracy Austin

Left. Radhika Bose



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the tie-breaker. The results are just an indication of how competitive the tennis environment is today, with the accent being squarely on youth and fitness.

* * *

Things are pretty much the same in the swimming pool. At the first ever FINA (International Swimming Federation) World Cup Swimming Meet at Tokyo, teenagers dominated the proceedings. Out of the four girls who vied for the stellar honours, Tracy Wickham (17) of Australia, Tracy Caulkins (16) of the U.S. and Linda Jezak (19) of the U.S. are current world record holders in Women's events. The fourth, 15-year-old Cynthia Woodhead, also of the States, will not be long breaking a world mark.

It is revealing to compare the marks set by these girls against Indian records. Our girls have a long, long way to go. But it is heartening that they are making a start at least; and that, when they are young and eager. Recently, Anita Sood of Maharashtra spent some time in the U.S. for coaching; and the Nationals showed the extent of her improvement in the course of just one year.

Now comes the welcome news that 12 year-old Sonal Nanavati, a Bombay schoolgirl, will be in Australia for three months, for coaching at the hands of that wily old fox, Forbes Carlile in Sydney. Carlile, it will be recalled, was the man behind Shane Gould, who made such a huge splash in the 1976 Montreal Olympics. Sonal did well in the recent National Age-group Aquatics, taking home four gold medals in Group III, though this fell short of her last year's performance of seven golds in Group IV.

Not that the Indian Swimming Federation has anything to do with the frail Sonal's trip Down Under. Her entire arrangements have been made by her family. Not all sportspeople are lucky enough to have the finances necessary for such a project. How much more fruitful would it be, if a coach of international repute was brought over to India for a few months, and a few fresh, talented youngsters placed in his charge!

* * *

The unparalleled performance of young Radhika Bose at the Maharashtra State Badminton Championships in Nanded, a remote corner of Marathwada, became the talk of badminton circles. 14-year-old Radhika's progress in badminton has been charted in these columns before. The manner in which she won the Western India Championships at Aurangabad last year left no doubt that the dark, long-haired girl had "arrived."

This year, she has added a few inches to her height, and they are making her rivals sweat a lot more on the court. A dancer in her younger days, Radhika is supple and very nimble on her feet. Her diligent training has made her very fit as well. Her structure has filled out since last year, and she packs a neat wallop with the forehand.

At Nanded, the Bombay schoolgirl won every event she was entered for — the women's singles and doubles, the junior girls' singles and doubles and the sub-junior girls' singles. It was a feat without precedent in the annals of Indian badminton. In the process, she twice laid low her doubles partner, Ameeta Kulkarni, in one evening.

International Uber Cup player, Sujata Jain, also fell in straight games to the steady and powerful badminton that Radhika played throughout the championship. The Pune captain, Sudha Bafna Sharma, reputed to have the best strokes among the women in the country, found herself outlasted and outpaced in the closing stages of a gruelling three-game encounter.

Martina Navratilova

Radhika is at the ideal age at which players should be "caught." Prakash Padukone was only 16 when he first won the national singles title of the country; today, he is the winner of the first World Open championships. The 24-year-old Prakash has been participating regularly on the international circuit for the last four years and the rich experience gained from his participation abroad has helped him no end. The Badminton Association of India should take girls like Radhika, Ameeta, and Madhumita Goswami (Bengal) in hand now when they are teenagers, and send them abroad for greater experience.

* * *

Indian cyclists made a clean sweep of the women's events at the Sri Lanka cycling nationals in Colombo. Indian national champion, Minoti Mahapatra, won the 1600 metres, 800 metres, 4000 metres and the lap race to crown herself the prima donna of the meet. Team-mate Amrit Kaur Grewal chipped in with a win in the 600 metres time trial, to help the 23-year-old Minoti complete the rout of the Emerald Isle's cyclists.

The Indian victories in Sri Lanka should not, however, make us complacent. It was the might of India pitted against the strength of a tiny island, not even half the size of a big state like Maharashtra! Our girls should keep up their efforts with an eye on more important events ahead. By the time the 1982 Asian Games come round, New Delhi crowds should have the pleasure of seeing their countrywomen taking their place with the best in Asia on the velodromes.

* * *

Practically the same comment can be made about our women shooters. In the recent trials at Chandigarh to select the Indian team for the Asian Shooting Championships at Manila in November, three of the girls crossed the qualifying standards laid down by the association. Rita Sen of West Bengal, with the standard rifle, Lalitha of Madras, with the air pistol, and Asha Chauhan of Maharashtra, with the centre-fire pistol, qualified to don the country's colours at the Asian meet.

But the kind of opposition that they will be encountering at Manila should put the joy at their success in the trials in its right perspective. In the South-East Asian Championships, 24-year-old Wu Yan-ying of China

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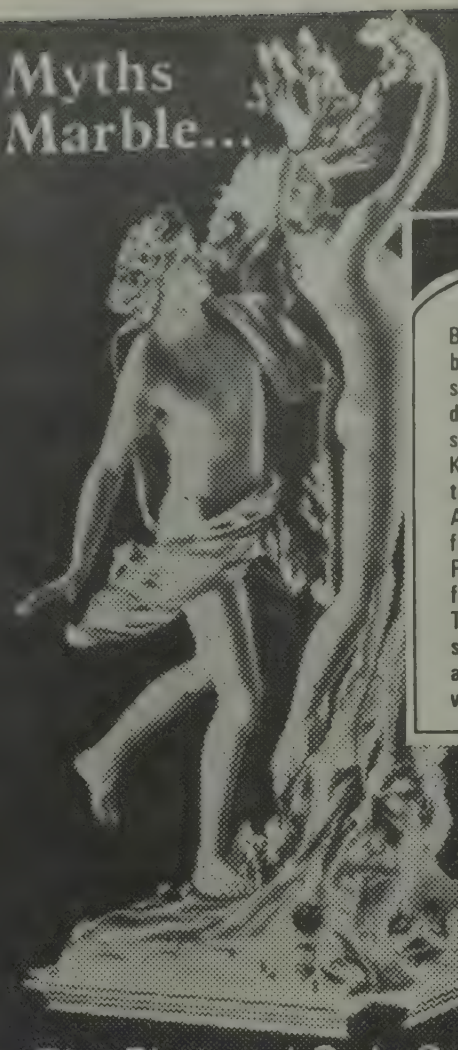

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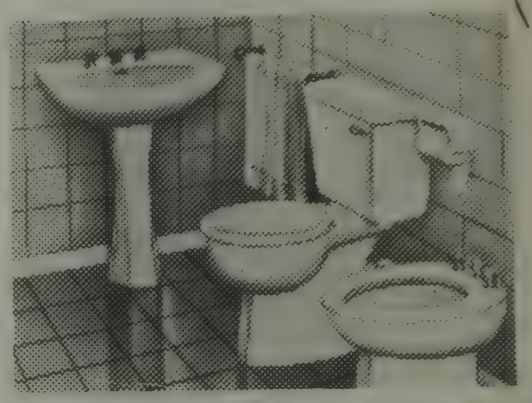

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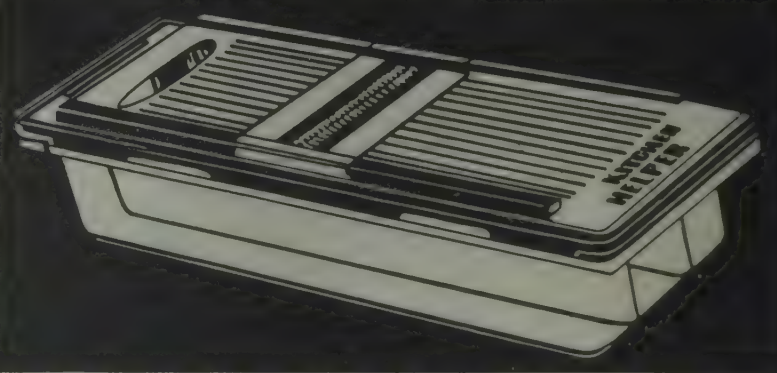

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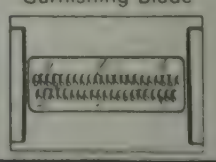

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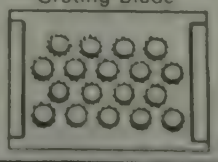

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WOMEN IN SPORT

shattered the world record of 189/200 in the flying skeet by bagging 194 birds. The young Chinese girl, who works as a cinema usher in Peking, had a success rate of 97 per cent when compared with the Indian girls' average success rate of just under 90 per cent. Each event has a different degree of difficulty of course, but the index is just an indication of the kind of gap our markswomen will have to bridge.

* * *

Among the recipients of the Shiv Chhatrapati awards for proficiency in sport in the last year were table tennis exponent Kiran (nee Wardekar) Singh, international hockey star Ina Rebello, swimming queen Mridula Shastri, and Bombay University badminton star, Hufrish Nariman. Kiran, however, soured some of the joy of winning the award when she went down in the finals of the Times of India prize money tournament at Lucknow to Bombay's Nandini Kulkarni, tamely at 11-21, 11-21. Hufrish, though had the distinction of salvaging one match for the Combined Universities against the might of the Railways in the Central Zone interstate badminton championships, when she beat the promising Madhumita Goswami in a three-game thriller.

It would be interesting to ascertain how Madhumita, 15 this year, has joined the ranks of the the Railways. Are we going back to the days of child labour?!

* * *

Tailpiece: Are we a sporting nation? The question is neatly answered by noting the progress of the Fifth Women's National Sports Festival. Originally scheduled to be held at Jabalpur in mid-November, the Festival has been put off till the third week of January 1980 due to the Lok Sabha mid-term poll. Politics in our land always takes a better seat than sports.

INTERNATIONAL SPORTSWOMAN OF THE MONTH:

There is no rival to 16-year-old Tracy Austin of the U.S. for the honour this month. Her success in the U.S. Open at Flushing Meadows gives her a clear lead over all other sportswomen. One must say, in retrospect, that September was a month of Tracys. Apart from Austin in tennis, there were Wickham and Caulkins in the swimming pool, "tracing" a blaze of glory in women's sport!

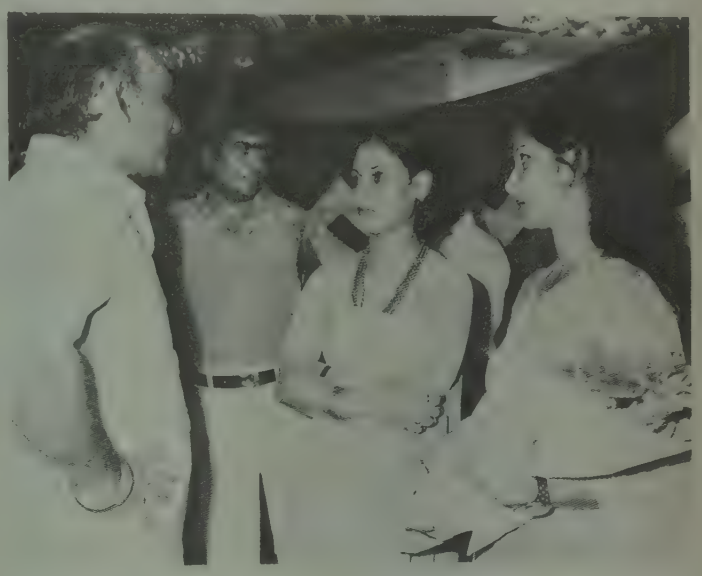
FRANKLY SPEAKING

Devi

AMITABH IN SUPER MOOD

The double-decker mahurat of Yash Raj Films' "Sawal" and "Silsila" was more mitha mitha than a Cadbury double-decker. The mahurat, originally scheduled for Dassera noon, was wisely shifted to a day earlier. Show people may be very zippy, but not seductive enough to skip family gatherings and puja. Unlike other mahurats, the function was not inside a closed set, where everyone looks like smoked salmon by the time the havan and puja are over. In a pendal at Rajkamal studio with fans at every corner, was a spray of filmdom's V.I.Ps — from V. Shantaram, Lata Mangeshkar to Chintu and Jagdish Raj (Inspector).

"Sawal's cast, Waheeda Rehman, Prem Chopra, Sanjeev, Dabboo, Shashi, Poonam, were all there. The mahurat shot was taken on Poonam. Invitee stars like Raakhee and Chintu were used as clapper girl and coconut breaker. Ramesh Talwar directs the film. "Silsila"'s cast so far is Amitabh alone. So he faced the shot. Lata gave the clap, V. Shantaram switched on the camera.



The Bachchan zanana, headed by Teji Bachchan, piloted Amitabh's car. Amitabh came alone driving his own van. Teji Bachchan looked cool in a blue saree. Jaya looked unkempt, tense. Shabana Azmi was also there and of course, the cream of distributors and producers. Khayyam, Manmohan Krishna, and retired Air Commodore Shahi from Delhi completed the typical Yash Chopra gathering. Salim-Javed no more figure on Yash Raj Films' marquees.

It is Sagar-Sarhadi all the way. They came though; Salim left before lunch, but Javed with Honey did not leave the field till lunch was over and the Bachchans had left.

Amitabh was the surprise of the morning. He hugged everyone. Some looked like never-ending embraces. He picked up kids, got photographed and his eyes did not spark sholay. In fact, he appeared just a glance and a smile away from Truce.

Pam, Yash's wife, was what she always is, a good hostess. She is good at her job, whether it is singing, running a home, or writing a script. No wonder she evokes jealousy, and folks who are stuck with liabilities as wives grumble, "Oh, she is too bossy," etc. and folks like Dimple who like producer-directors' wives as their chamchis say, "What does she think of herself?" But when Salim said that "she is too ambitious and manly" I could not suppress a laugh. For Salim's idea of woman and feminity is, I suppose, Helen who wiggles her hips. So a woman behind a typewriter or a Devi wielding a pen are 'condemned' women. To think that the Goddess of Intellect is a woman! Saraswati. But I suppose Salim Saheb will call her a woman only when she ties ghungroos to her feet and does a mujra.

* * *

When I did not see Rajesh Khanna at the Film World Award Function and saw Sanjeev and Amol Palekar, the other two nominees there, I knew Sanjeev would get the award. Rajesh is intelligent enough to sense the trend. Sanjeev's main hobby is collecting awards, and Amol is the favourite loser. He is the only man who grins throughout the function, never grumbles, even hugs the award winner. When he is so content being a nominee why make him the winner?

PEOPLE AND EVENTS

BOMBAY

In aid of the Morvi Flood Relief Fund, an exhibition of paintings was held by Natver Mistry at the Jehangir Art Gallery. The exhibition was inaugurated by Mr. Ram Batra, Sheriff of Bombay. Mr. P. R. Nangia, Deputy Governor, Reserve Bank of India, presided over the function.

* * *

Mrs. Jyoti Parekh led a delegation of four children to a "Children's International Summer Village", a camp held at Tokyo. The aim of the camp was to bring children of different nationalities closer together. Children from 13 countries participated in the camp. Delegates from Bombay were Sonali Parekh, Mona Shah, Rajesh Johar, and Amit Kohli.

* * *

The Rotary Club of Bombay organised a camp for children suffering from cerebral palsy. Twenty-six children, between the ages of 6 and 12 years, were taken to a holiday camp which was arranged by Dr. Noshir H. Wadia, neurologist, and chairman of the Rotary Club's committee for the handicapped. The venue of the camp was the J.J. Hospital Nursing Association grounds near Aksa at Marve beach. The aim of the camp was to give the children a holiday from their routine.

The children stayed at the camp for ten days and were cared for and entertained by the camp organisers.

This was a joint effort of tha Rotary Club of Bombay, the Cerebral Palsy Association of India and the Rotaract Club of Grant Medical College. A special function was also held where the children put up items of entertainment. The parents and families of the children, and Rotarians were present on the occasion.

* * *

A three-day Indian Garment Fair was organised by the Clothing Manufacturers Association of India. 70 exporters participated in the Fair.

Fashion shows held in connection with the Fair drew large crowds in the evenings.

* * *

A function was held by the Women Graduates Union to commemorate the birth centenary of Sarojini Naidu at the Women Graduates Union Club House. Mr. Harindranath Chattopadhyaya recited her poems and Mr. Sadiq Ali, Governor of Maharashtra, presided over the function.

A film on Sarojini Naidu was also screened.

* * *

Mr. A. H. Al-Shubaili, Consul, Kingdom of Saudi Arabia, inaugurated an exhibition of paintings by Zenab Pathan.

DELHI

Prabhjot Kaur, eminent poet and author, is the recipient of a number of awards which include the Padma Shri, La Rose de France, Distinguished Order of Poetry, and Rajya Kavi.

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1. At the National day celebrations of the Kingdom of Saudi Arabia, held at Taj Mahal Hotel, Bombay, are seen (from left) Mrs. A. H. Al-Shubaili, Mrs. F. E. Yusuf, Mr. A. H. Al-Shubaili, Consul, Saudi Arabia, and Mrs. S. El-Ejel.

2. At a newly opened nursery section in Jagjivan Ram Hospital, Bombay Central, toys were donated by the Western Railway Women's Social Service Committee. Mrs. Upkar Gujral, President of the Committee is seen presenting toys to one of the children.

3. Mr. G. R. Rajani, a Bombay businessman (2nd from left) held a dinner party recently in honour of Mr. Bhai Vaidya, Minister of State for Home, Government of Maharashtra, (5th from left). Seen with them are film star Vinod Khanna (4th from left) and guests.

Recently, the Critic Circle of India conferred upon her the "Best Artist of the Year" award. The presentation ceremony took place in the AIFACS Hall, before a distinguished gathering.

CALCUTTA

Pinok and Matho, two distinguished French mime artistes, amused the Calcutta audiences at the Ashutosh Centenary Hall of the Indian Museum. Although the artistes have performed in most parts of the world, this is their first visit to India. This tour has been sponsored by the Indian Council For Cultural Relations and Alliance Francaise. Pinok and Matho are also serious dramatic actresses. In France, they have taught at the Sorbonne and the National Institute of Sports, and conducted numerous courses in Europe, Africa and Canada.

An exhibition of Kalighat paintings was held at the Indian Museum's Ashutosh Hall. The originals, forty-five in number, belong to the museum, while the rest were loaned by Mr. R. P. Gupta.

* * *

The Calcutta Photo Journalists' Club held a meeting with a representative group of professional news photographers. Its aim is to organise a platform for propagating the ideas of news photography. The members include photographers working for dailies, news-magazines and photo agencies.

LUCKNOW

The Mahila Hospital, Lucknow, has started a health centre which can accommodate 20 beds. It will also have facilities for family welfare services for patients. The scheme which will facilitate a self-sufficient maternity clinic will include an X-ray plant, and a pathological laboratory and will cater largely to rural patients, who stream in from the neighbouring villages into the city.

* * *

A colourful contest between Bombay's qawali troupes headed by Parveen Rangeele and Janni Babu drew packed audiences at the 'Star Nite' hosted in aid of Everest UP Film Institute by Parveen Arts International. Sona, an up and coming starlet of the Bombay film industry, Satish Kaul, Mukri and Paintal provided enjoyable entertainment.

* * *

Dr. K. Edwards, Principal Isabella Thoubourn College, Lucknow, graced the Second Annual Prize Distribution ceremony of the Hindustan Aeronautics School, where he was chief guest. Speaking on the occasion, Dr. Edwards expressed satisfaction at the standard of education being imparted to the students.

* * *

Mr. Kailash Nath Singh, Minister for Higher Education, UP, announced that special adult education centres will be launched from October this year. These classes will be especially oriented towards women and will be started in as many as 32 districts in the State.

* * *

To mark the beginning of the Durga Puja celebrations, a gay 'Anand Mela' was organised by the members of the Bengali Club in their club premises.

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4. Mrs. Jyoti Parekh (centre) led a delegation of four children to the "Children's International Summer Village," a camp held at Tokyo. Flanking her are Mrs. S. Shah and Mr. Hemant. Delegates were (from left) Sonali Parekh, Mona Shah, Rajesh Johar and Amit Kohli.

5. Nitu Bhagat (extreme right) held an exhibition of hand-printed sarees in Calcutta.

6. Mrs. Bagla of "Rugs and Riches," a newly opened boutique in Bangalore, presents a memento to Sunil Gavaskar who visited the boutique and signed autographs for his fans on blow-up posters.

7. Eminent poet Prabhjot Kaur receiving the award and medal conferred on her by the Critic Circle of India, from Mr. P. C. Sen in New Delhi.

7

THIS WEEK FOR YOU

FOR THE WEEK OCT. 21 — OCT. 27
John Naylor

IF IT'S YOUR BIRTHDAY THIS WEEK:

A year of "new beginnings," say your stars. You have not been making full use of your talents and capabilities, but will embark upon a more profitable course. Make friends, gain support, get involved in fresh interests, but keep some things to yourself. If you confide, choose your confidante with care, remembering that good ideas could be filched from you, also that your confidences may not be kept. A promising year for affairs of the heart, or an addition to the family if married. If unattached, a match will occur between early 1980 and late 1981. Widen your horizons, open your mind to new possibilities.

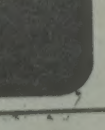
ARIES
(Mar 22 — Apr 20)

Improvement in cash matters and also in personal relationships. Difficulties in romance will have cleared — one way or the other. If a link has been severed, other, more promising, friendships will soon begin. A busy but profitable week.

TAURUS
(Apr 21 — May 21)

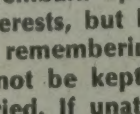
Friendships are uncertain, but the social scene will be fun. A busy but erratic week when people won't be too reliable, not altogether trustworthy in minor ways. A new hobby or club activity could become time-consuming.

GEMINI
(May 22 — June 21)



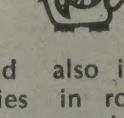
You will find life a pleasant whirl. Your ego will get a boost either in business or personal life. Your expansive mood may make you far too generous with companions. A new career opportunity may emerge.

CANCER
(June 22 — July 23)



You should be getting results for efforts made. This week, you'll be dealing with a flood of correspondence, arranging trips and visits, making changes. Romance is under kindly stars.

LEO
(July 24 — Aug 23)



If you are not advancing your ambitions, you are not making the most of your chances! Your stars are dynamic. Health trends are good, and good signs for your love life.

VIRGO
(Aug 24 — Sept 23)

Home life and social involvement are emphasised. If you have not moved recently, you may decide to do so. New influences will aid relationships and a rise in worldly status and prospects.

LIBRA
(Sept 24 — Oct 23)

A good turn you have done will be paid back with a bonus! A change in your circumstances could be quite soon and, if born around the 13th, may completely alter your plans for the future. The remainder of 1979 favours change and readjustment.

SCORPIO
(Oct 24 — Nov 22)

Helpful factors affect romance and boost your popularity. New meetings will be rewarding. The new moon in your Solar Twelfth House indicates that dealings with "the establishment" will tend to benefit you.

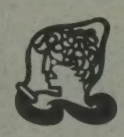
SAGITTARIUS
(Nov 23 — Dec 22)

Everything should go the way you want over the next few months, so make your plans more expansive. Help a friend or a relative, who needs it but not to the detriment of your own interest.

CAPRICORN
(Dec 23 — Jan 20)

Things are going well for you, both business and personal and recent stresses are ended. Push ahead with matters. Social life will sparkle; you'll gain entry to a new circle soon.

AQUARIUS
(Jan 21 — Feb 19)



A change of scene will freshen you up, get problems into proportion. Not only this, but you will get a fresh slant on things through contact with strangers. Your financial situation should have improved and, although you are working too hard, this will be to good avail.

PISCES
(Feb 20 — Mar 21)

Travel, legal matters, overseas business interests are favoured. An unusual encounter, a chance remark could put a useful tip your way. Your plans will succeed, a special goal will be reached, but not just yet or without much extra effort for a few months.

THE MANY USES OF COMMON SALT

* Before cleaning brassware with Brasso, clean it with salt and water. The ultimate shine is better.
* A good health drink early in the morning is the juice of a lime with water and a little salt.
* To clean records use a salt water solution but let them dry; do not wipe.
* If you run out of toothpaste, clean your teeth with salt. It's a good substitute.
* A little salt in warm water makes a good gargle.
* Any sweet dish is improved if a little salt is added to the mix.
* If you run out of sandpaper, furniture can be scraped with salt and tough paper.
* If you sprinkle a few grains of salt into a hole in which you have to drive a screw, the screw holds better.
* Put salt on your tongue and you will not get the taste of castor oil when you drink it.
* Salt rubbed between a dog's toes prevents fleas.
* A pinch of salt in a glass of beer improves its taste.
* A little salt placed in potted plants promotes healthy growth.
* A heavy solution of salt and water, sprinkled on hinges that don't move freely, improves free movement.
* Salt sprinkled into the detergent with which you clean crockery improves the shine.
* A decrease in the intake of salt improves health.

George T. Fegradoe.

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SUITINGS

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SARIS

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SHIRTINGS

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DRESS MATERIALS

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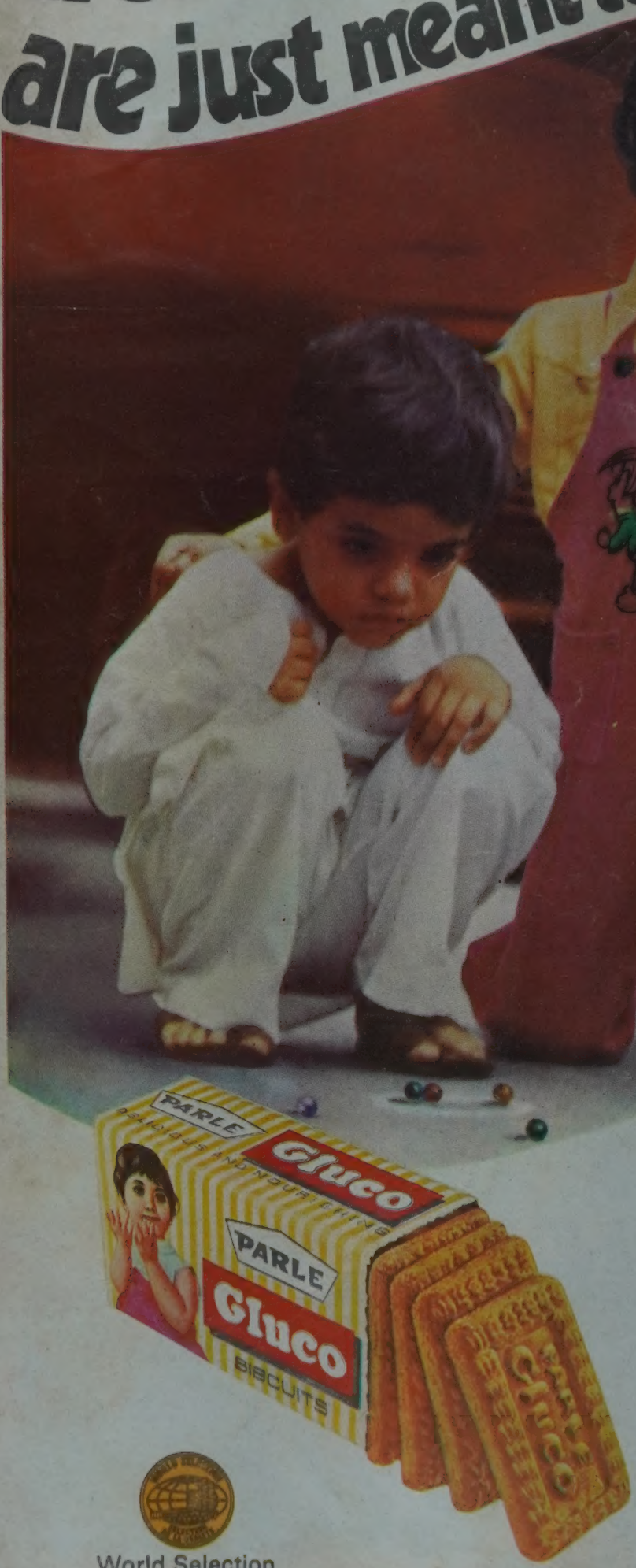
REGD. NO. MH BY SOUTH-75

Little children are just meant to love and love again



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